

# La fotoaferesi extracorporea va utilizzata precocemente nel trattamento della GvHD acuta e cronica?

Le ragioni del NO

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CONVEGNO EDUCAZIONALE GITMO

**HOT QUESTIONS  
IN TRASPLANTATION  
AND CELLULAR  
THERAPIES**

**Udine**

**13-14 novembre 2023**

Aula Polifunzionale - Ospedale di Udine



# Conflitto di interessi

Sono uno specialista ematologo e lavoro in un Servizio di Aferesi

L'unico trattamento per la GvHD che somministro é la fotoaferesi extracorporea (ECP)

# ECP nel trattamento della GvHD acuta

Prophylaxis and management of graft versus host disease after stem-cell transplantation for hematologic malignancies: updated recommendations from the European Society for Blood and Marrow Transplantation



Lancet Haematol 2020; e157-67

There is no standard second-line treatment for acute GVHD. Current practice is to prescribe one of the following drugs: alemtuzumab,  $\alpha$ 1-antitripsin, basiliximab, cellular therapies (eg, mesenchymal cells and regulatory T-cells) daclizumab, extracorporeal photopheresis, faecal microbiota transplantation, JAK inhibitors (eg, ruxolotinib which is FDA approved), mycophenolate mofetil, methotrexate, pentostatin, rATG, sirolimus, or vedolizumab; for second-line treatment of acute GVHD, centres should follow their institutional guidelines, and patients should be treated in clinical trials when possible

First-line treatment of acute GVHD is methylprednisolone at an initial dose of 2 mg/kg per day; prednisone 2.0-2.5 mg/kg per day is regarded as equivalent to methylprednisolone to the 2 mg/kg per day

Penack O et al. reported a 14% decrease in the number of patients requiring additional immunomodulating agents (vedolizumab, abatacept, fliximab, and anti-IL2 antibody) when treated with methylprednisolone (10 mg/kg per day) compared with standard 2 mg/kg

Penack O et al., Lancet Haematol 2020

# ECP nel trattamento della GvHD cronica

Prophylaxis and management of graft versus host disease after stem-cell transplantation for hematologic malignancies: update from the European Society for Blood and Marrow Transplantation



Lancet Haematol 2020;

67

There is no standard second-line treatment for chronic GVHD: centres should follow their institutional guidelines and enrol patients in trials whenever possible; the most common components of second-line treatment for chronic GVHD, used in addition to corticosteroids, are calcineurin inhibitors, extracorporeal photopheresis, ibrutinib (which is FDA approved), JAK inhibitors, mycophenolate mofetil, rituximab, mTOR inhibitors, pentostatin, proteasome inhibitors, and TKI

The first-line treatment of newly diagnosed chronic GVHD is corticosteroids

Other agents (azathioprine, cyclosporine, chloroquine, and hydroxychloroquine) have not shown a statistically meaningful benefit

for patients with standard risk (according to NIH classification) chronic GVHD was reported<sup>50-52</sup>

Penack O et al., Lancet Haematol 2020

# ECP

## Trattamento della GvHD acuta e cronica steroido-refrattaria

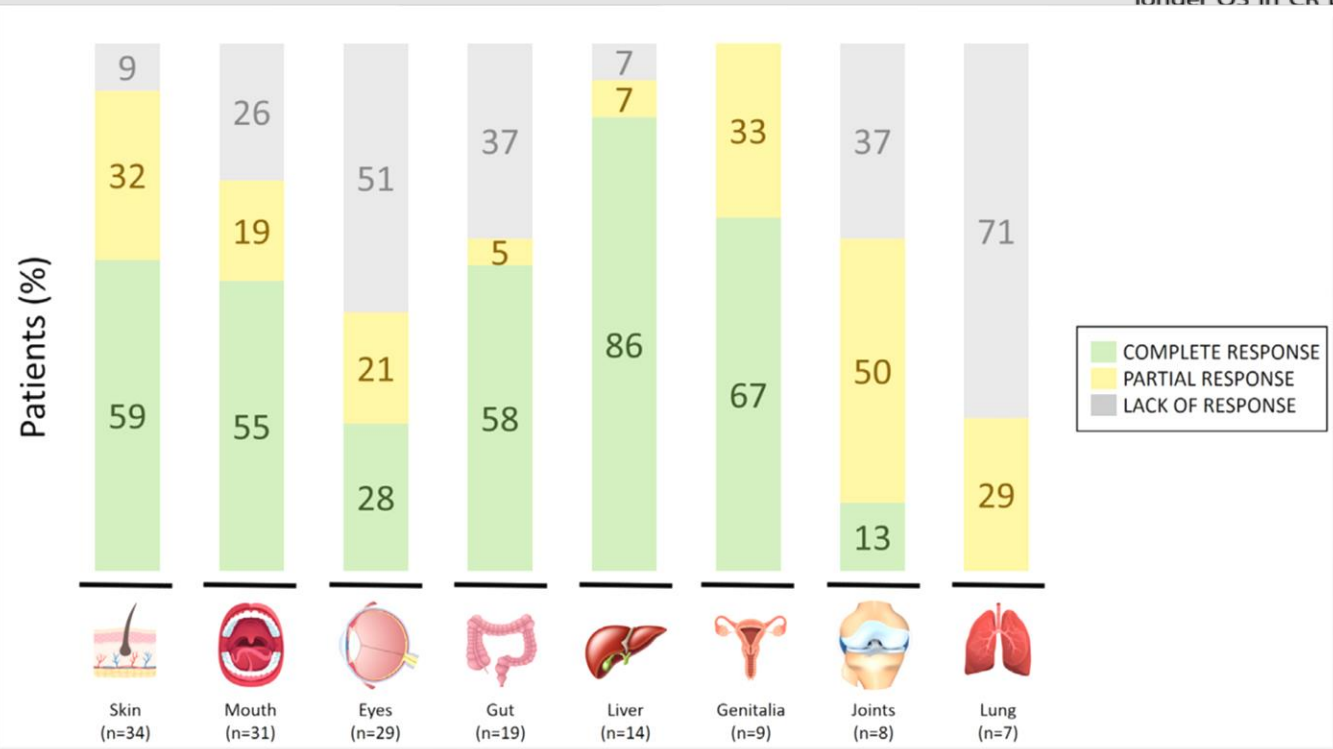


Dalla seconda linea in poi

Treatment	% Overall response*	Survival
ECP	65-70	70%-78% at 1 y
Rituximab	66-86	72% at 1 y
Imatinib	22-79	75%-84% at 1.5 y
Pentostatin	53-56	34%-60% at 1-3 y
Mesenchymal stem cells	50-74	78% at 2 y
Mycophenolate mofetil	26-64	67%-96% at 1 y
mTOR inhibitor	76	72% at 3 y
Interleukin-2	52	Not reported
<b>Other therapies summarized in other reviews**</b>		
Calcineurin inhibitor		
High-dose methylprednisolone		
Methotrexate		
Thalidomide		
Hydroxychloroquine		
Clofazimine		
Thoracoabdominal irradiation		
Alefacept		
Infliximab		
Etanercept <sup>70</sup>		

Flowers ME et al., Blood 2015

Study	Trial design	Treatment	ORR %/CR%	Other results
<b>Acute GvHD</b>				
Greinix et al. [34] (n = 59)	Prospective, single-arm, phase II	ECP + CS in second-line	70/60	CR in skin 82%, liver 61% and gut 61%; 4-yr OS 47% (59% and 11% in ECP responders and non-responders); 4-yr TRM 36% (14% and 73% in ECP responders and non-responders)
Amat et al. [35] (n = 37)	Prospective, multicenter	ECP + CS in second-line	73/40.5	ORR in skin 71%, liver 54.5% and gut 67%; significant longer OS in CR pts (median > 47 mo vs 12 mo)
Jagasia et al. [36] (n = 108)				not predictor of ORR (HR, 3.42, p = 0.007, 0.018); ECP associated with superior OS in SR aGvHD grade II and lower NRM (8)
DasGupta et al. [37] (n = 128)				1-yr OS 56%; 2-yr TRM 34%
Worel et al. [38] (n = 99)				liver 61% and GI 75%; 1-yr and 5-yr TRM 17% and 5-yr OS 69% and 50%
Calore et al. [39] (n = 72, children)				liver in 84%, and gut in 71%; 5-yr OS 71%
Niittyvuopio et al. [40] (n = 52)				liver 33%, and gut 34%; 1-yr OS 51%
Perotti et al. [41] (n = 50, children)				liver 67%, and gut 73%; 1-yr OS 64%
Malagola et al. [42] (n = 45)				liver 60% and gut 75%; 5-yr OS 69%
Messina et al. [43] (n = 33, children)				liver 7% (p = 0.04) and mouth 53% vs 27%
<b>Chronic GvHD</b>				
Flowers et al. [44] (n = 95; 48 vs 47)				5% improvement of TSS at week 12 vs week 24 31.4% in the ECP arm.
Greinix et al. [45] (n = 29)				mouth 70%, and joints 36%; median % improvement of TSS at week 24 25.8%
Sakellari et al. [46] (n = 88)				mouth 83%, visceral involvement 53% and mouth 24%; 5-yr OS 64.5%
Gandelman et al. [47] (n = 77)	Prospective, multicentre	ECP + CS ± other IS	62/14	ORR in skin 55%; ECP responses independent of risk factors of poor outcome
Dignan et al. [48] (n = 82)	Retrospective, single center	ECP + CS ± other IS	79/na	ORR in skin 92% and mouth 91% at 6 mo; 3-yr OS 69%
Couriel et al. [49] (n = 71)	Retrospective, single center	ECP + CS ± other IS	61/20	ORR in skin 57%, liver 71% and mouth 78%; 1-yr OS 53%; response to ECP and platelet count at ECP start significantly predict NRM
Greinix et al. [50] (n = 47)	Retrospective, single center	ECP + CS ± other IS	83/na	CR in skin 68%, mouth 81%, and liver 68%



Greinix H et al., Leukemia 2022, Asenso Cantò et al., TCT 2023

# Sicurezza dell'ECP: infezioni

Analysis of extracorporeal photopheresis within the frame of the WAA register

M. Blaha<sup>a</sup>, Z. Gasova<sup>e</sup>, G. Berlin<sup>b</sup>, J. Audzijoniene<sup>c</sup>, A. Griskevicius<sup>c</sup>, J. Dykes<sup>d</sup>, Z. Bhuiyanova<sup>e</sup>, M. Lanska<sup>a</sup>, T. Eich<sup>f</sup>, H. Vrieling<sup>h</sup>, V. Witt<sup>i</sup>, G.C. Seval<sup>j</sup>, O. Ilhan<sup>j</sup>, B. Stegmayr<sup>g,\*</sup>

560 pazienti, 13.871 procedure su 17 anni

- AEs nel 5.4% (1° ECP), 1.2% (successive)
- SAEs nello 0.04%
- Nessun decesso correlato all'ECP

**Table 4**

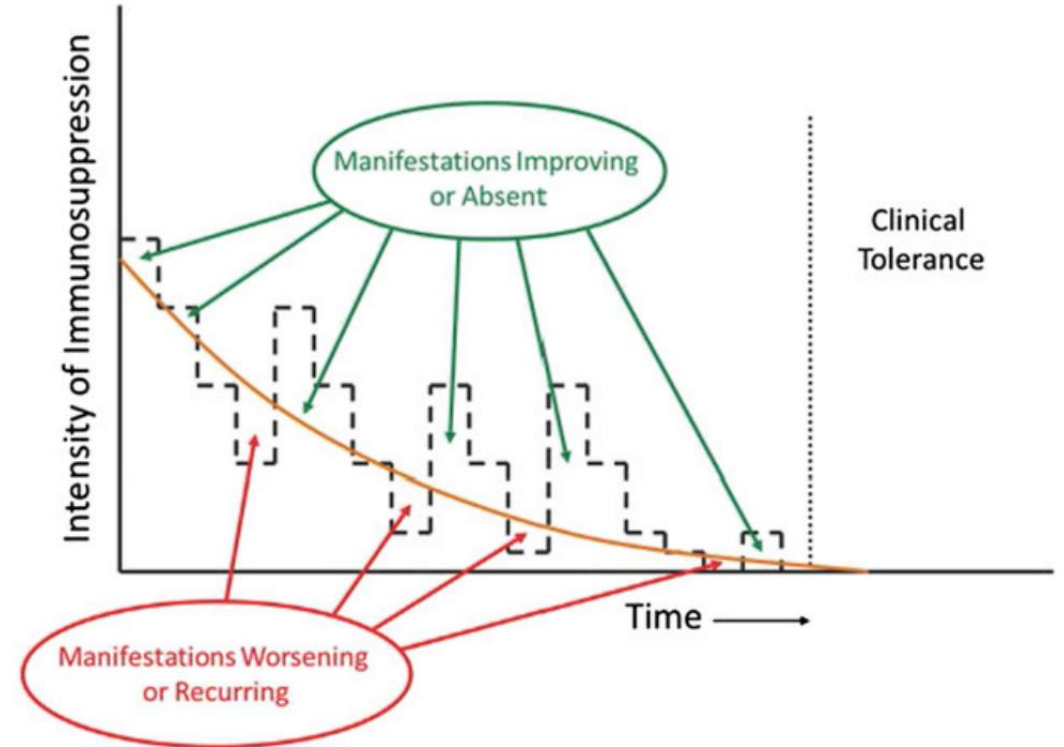
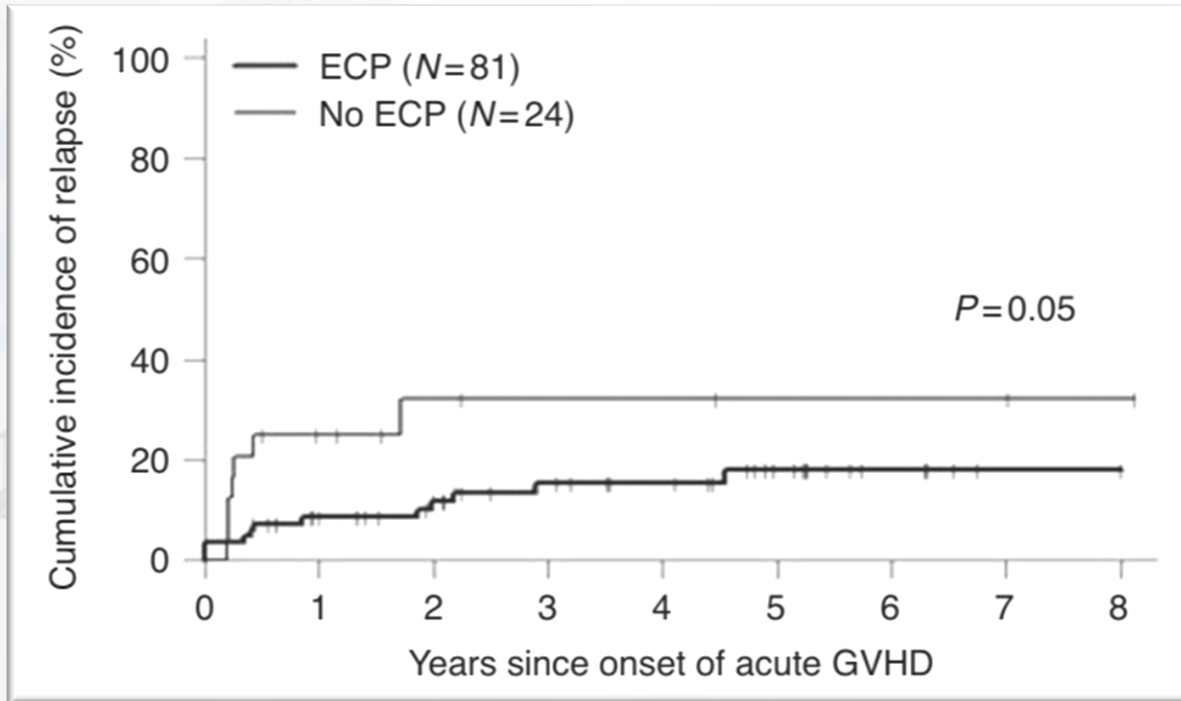
Percentage of various adverse events within each grade (excluding access and technical problems, n = 40).

	Severe (n = 3) %	Moderate (n = 180) %	MILD (n = 27) %
Bronchospasm	33.3		3.7
Gastrointestinal bleeding	33.3		
Chills and fever	33.3		3.7
Tingling and stitching*		86.7	29.6
Hypotension		5.5	18.5
Nausea and/or vomiting		1.1	7.4
Sepsis, late complication		0.55	
Abdominal pain		0.55	0.0
Muscle cramps in foot		0.55	
Arrhythmia			11.1
Thrombophlebitis due to puncture			3.7
Itching, late complication			3.7
Local bleeding after prior surgery			7.4

\* Stitching – prickly sensation.

Blaha M et al., Transf Apher Sci 2021

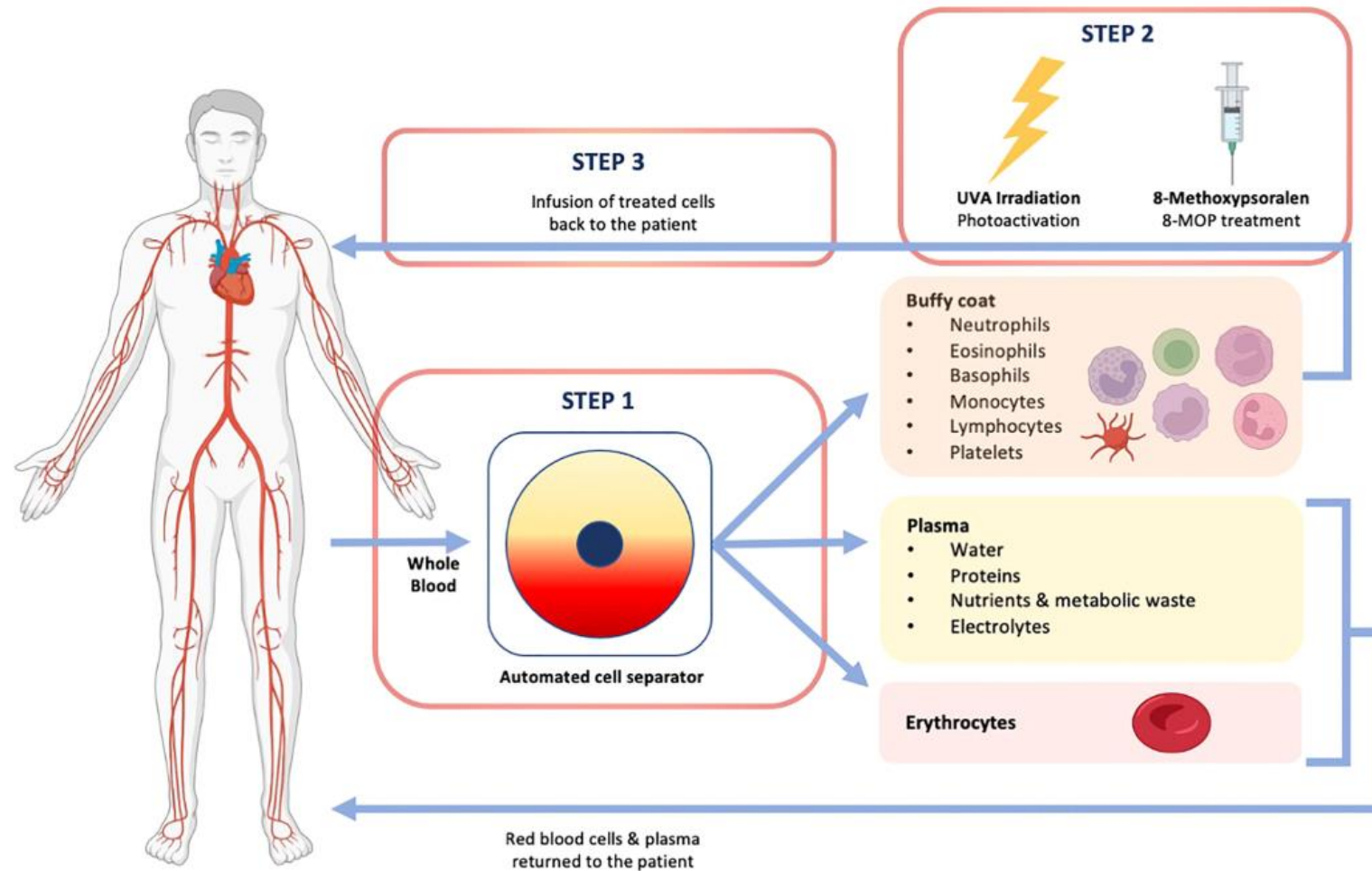
# Sicurezza dell'ECP: recidiva di malattia



Solh M et al., BMT 2023, Flowers ME et al., Blood 2015



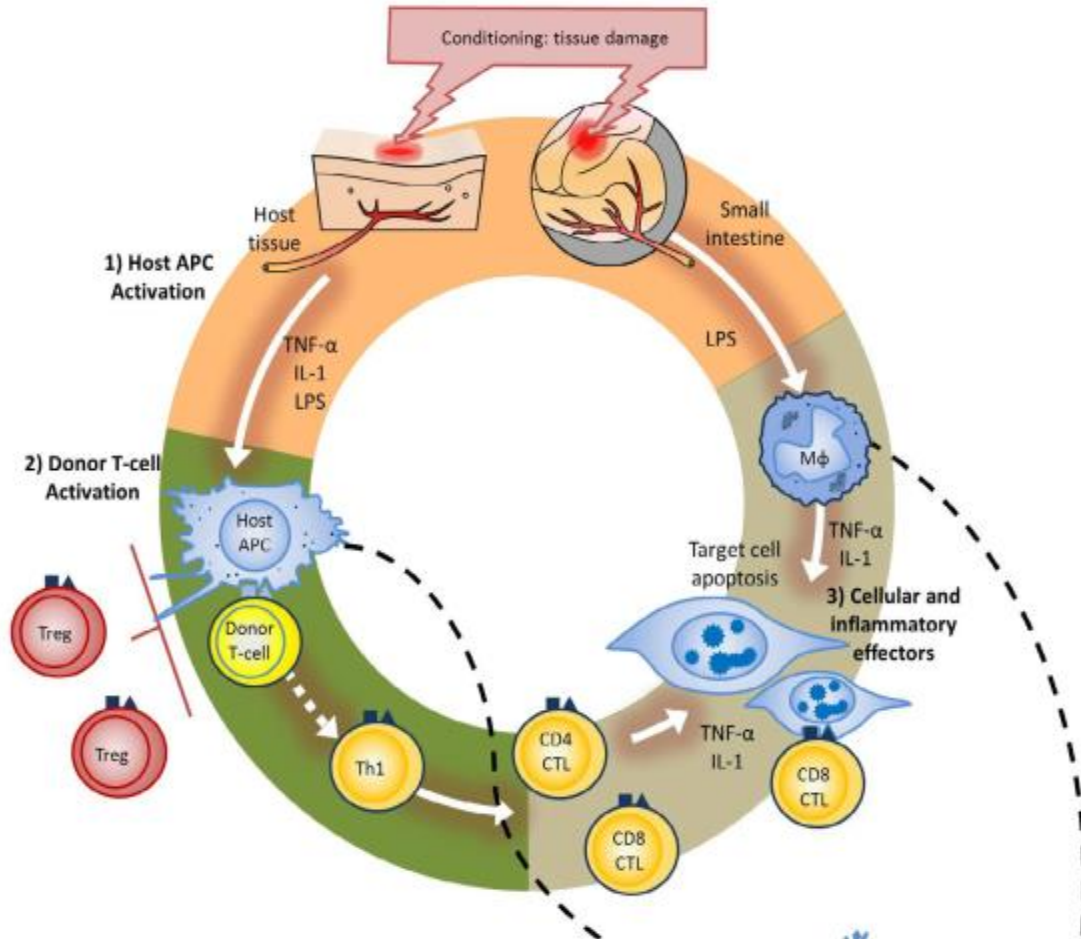
# Meccanismi di azione



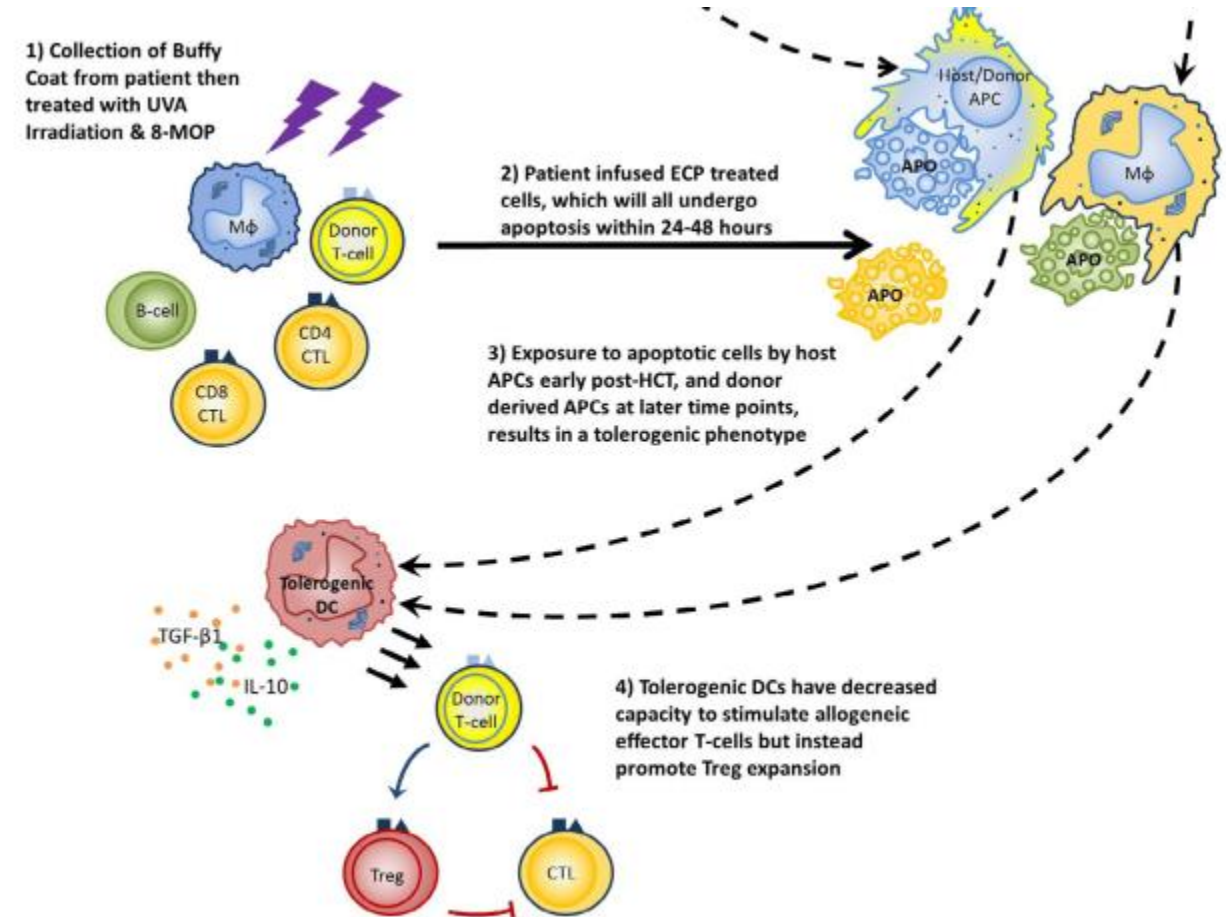
Bojanic I et al., Front Immunol 2023

# Meccanismi di azione

A

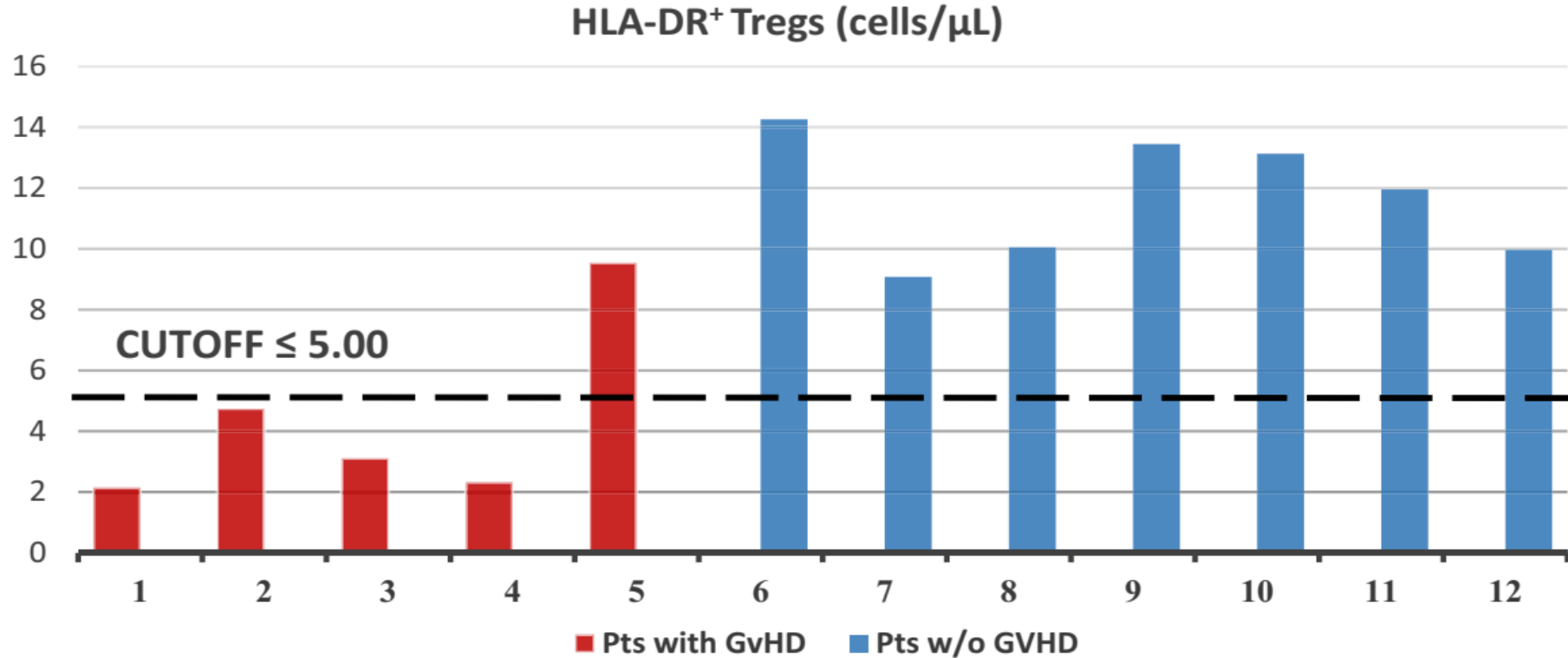


B



Kitko C et al., Transf Apher Sci 2015

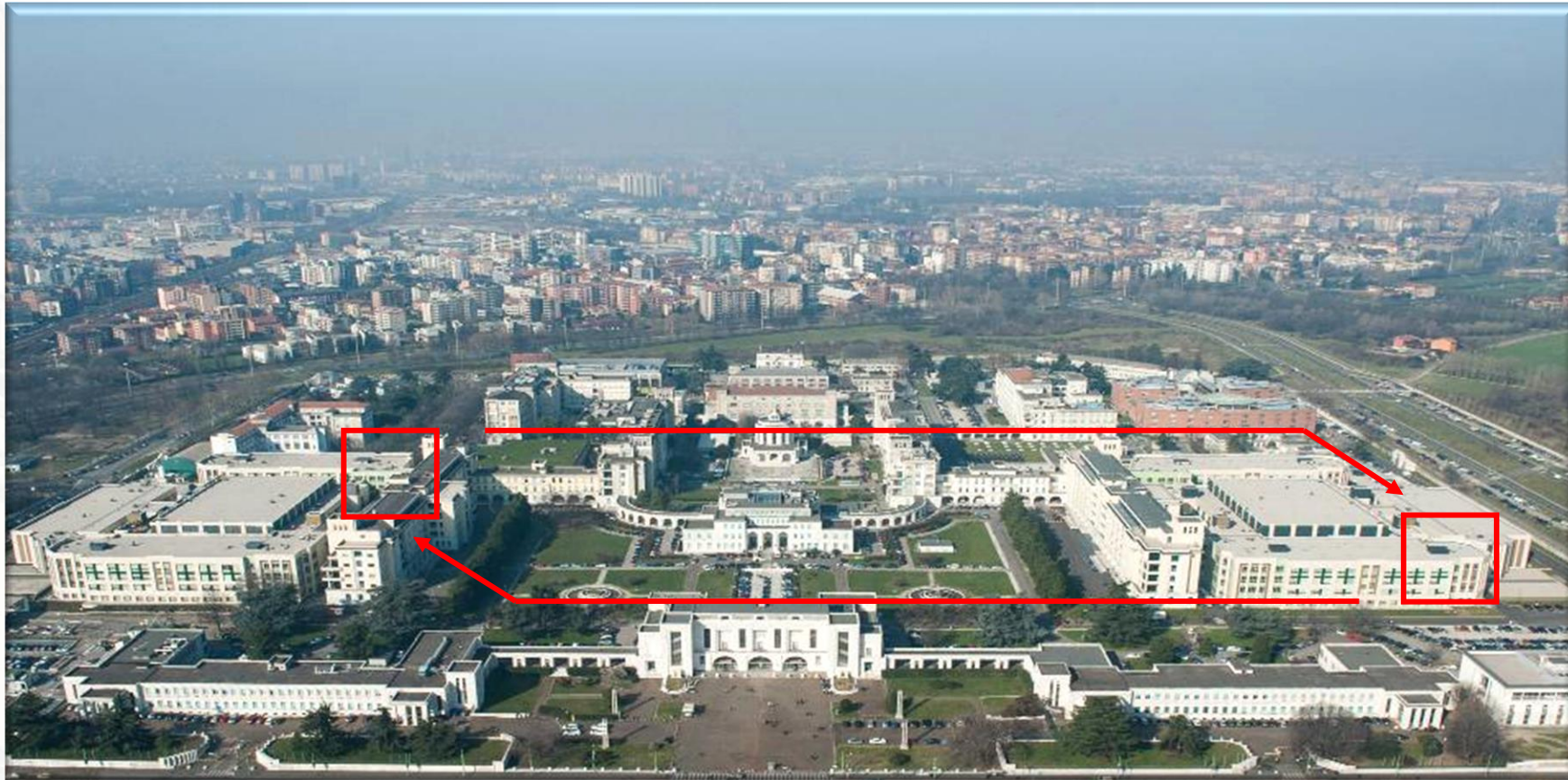
# Biomarcatori



**Fig. 1** Analysis of the median absolute counts of peripheral HLA-DR<sup>+</sup> Tregs in patients with and without GvHD. Data show that 20% (1 out of 5) vs. 100% (7 out of 7) of patients with HLA-DR<sup>+</sup> Tregs had values of  $> 5$  cells/ $\mu$ L in the GvHD vs. non-GvHD groups, respectively ( $p = 0.01$ , Fisher exact test)

Crocchiolo R et al., Exp Hematol Oncol 2021

# Disponibilità logistica



# Caratteristiche del paziente candidato ad ECP

CVC

Durata del trattamento

CBC (lymphocytes, Hct, PLT)





# Utilizzo «precoce» dell'ECP nel trattamento della GvHD

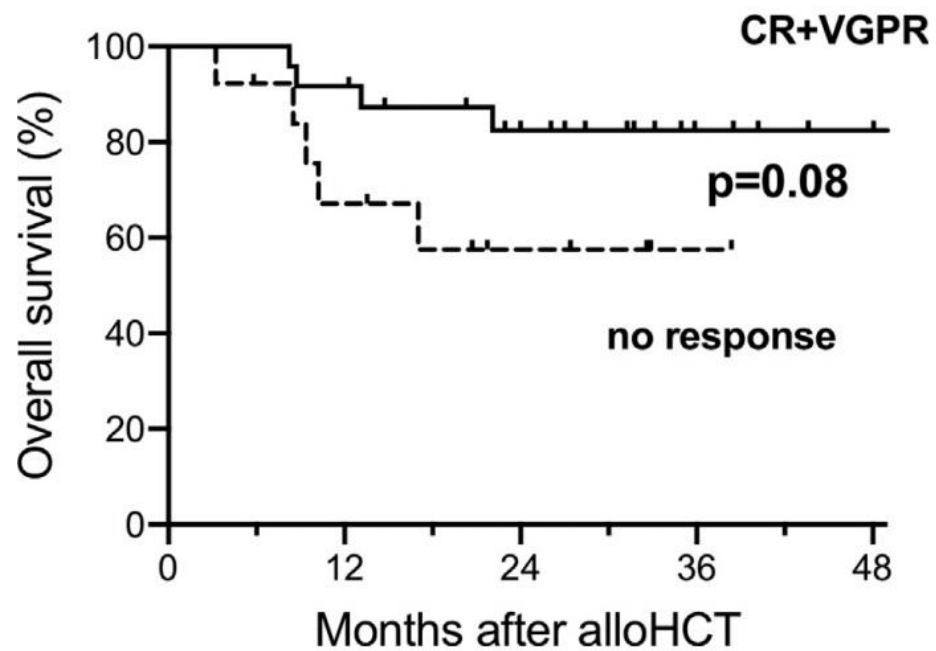
→ Prima linea

→ Profilassi



# ECP nel trattamento di prima linea

# ECP nel trattamento di prima linea



**Table 2**

Acute GVHD characteristics at baseline.

Revised Glucksberg criteria	Stage I	Stage II	Stage III	Stage IV
Skin, n (%)	3 (8%)	22 (59%)	12 (32%)	0
Gastrointestinal tract, n (%)	6 (16%)	0	0	0
Liver, n (%)	2 (5%)	2 (5%)	0	0
Overall grade	17 (46%)	18 (49%)	2 (5%)	0

Sestili S et al., Cytotherapy 2020



# ECP nel trattamento di prima linea

**Table 2.** Main clinical characteristics of patients treated by ECP

	Pt 1 <sup>a</sup>	Pt 2	Pt 3	Pt 4	Pt 5	Pt 6	Pt 7
Diagnosis	HL	HL	HL	Ewing	HL	NHL	NHL
Day diagnosis aGVHD	+ 48	+ 66	+ 39	+ 42	+ 32	+ 30	+ 71
Grade aGVHD	4	2	2	2	2	2	2
Delay GVHD-ECP start (day)	2	6	3	1	2	30	4
Steroids	Yes	Yes	/	/	/	Yes	Yes
Full-dose steroids (day)	12	7	/	/	/	7	3
Total number of ECP	44	28	40	10	15	9	12
Response	CR	CR	CR	CR	CR	PR	CR
Clinical response after ECP (day)	56	2	14	11	8	57	32
CMV reactivation	+	+	/	/	/	/	+
EBV reactivation	/	+	+	/	/	/	/
cGVHD	No	No	Yes	No	No	No	No

Castagna L et al., BMT 2014

# ECP nel trattamento di prima linea

ARTICLE

## Randomized phase II trial of extracorporeal phototherapy and steroids vs. steroids alone for newly diagnosed acute GVHD

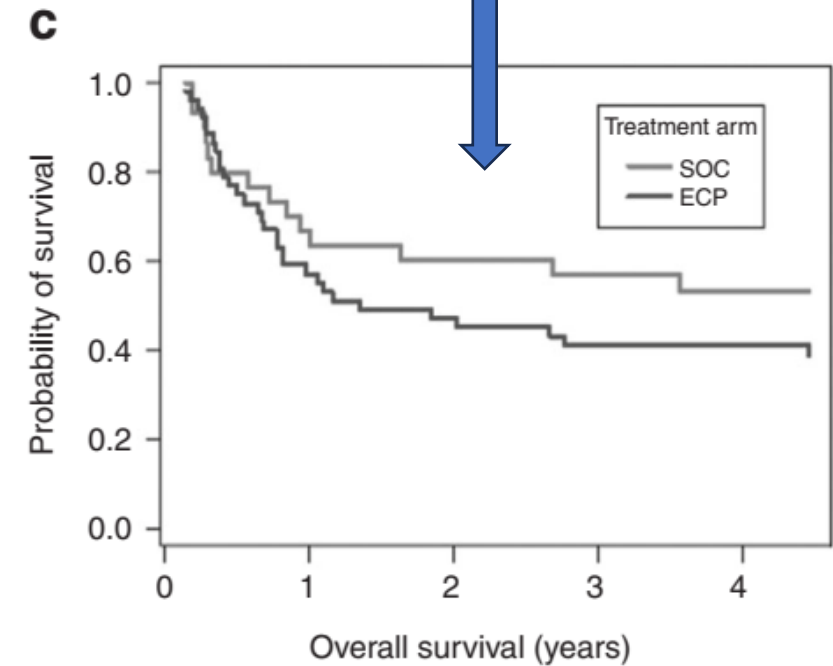
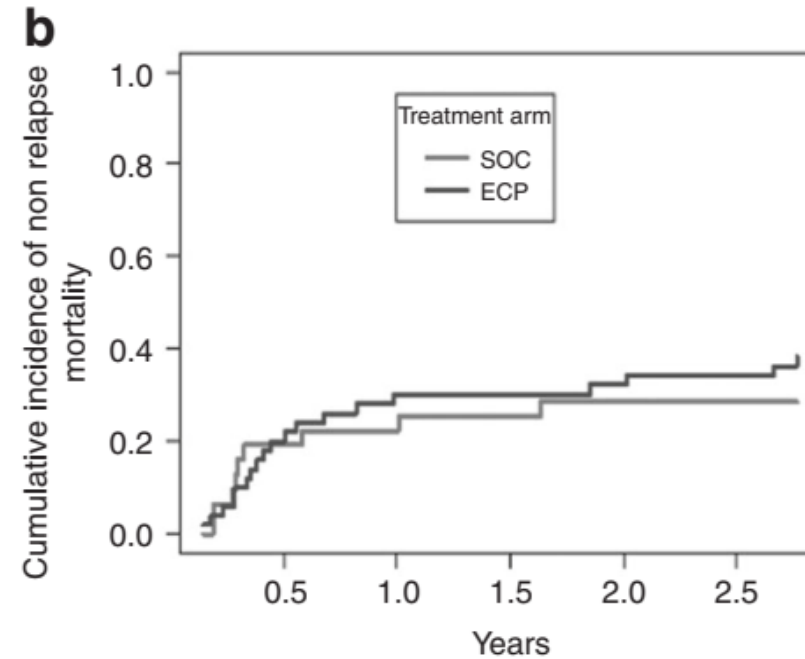
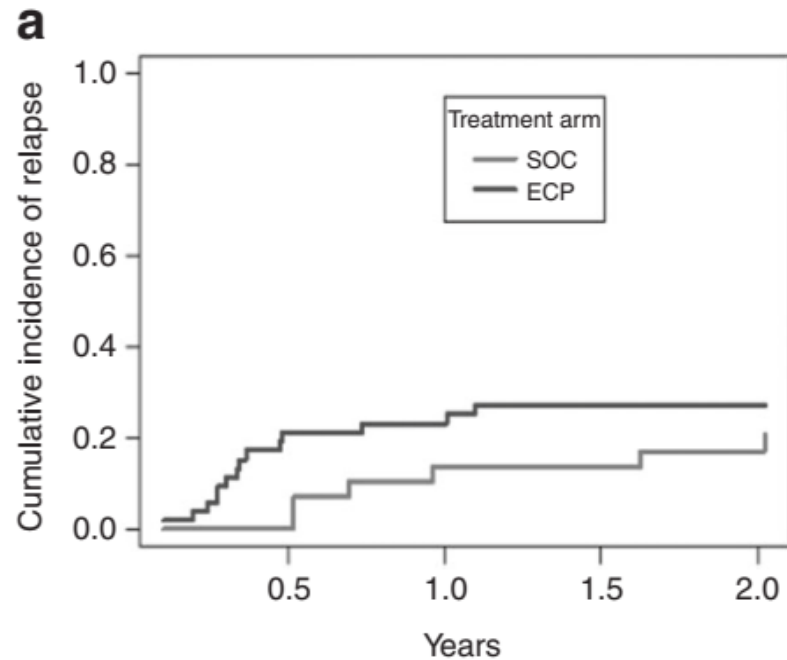


**Table 2** Primary outcome: day 56 treatment success<sup>a</sup>.

Treatment Arm	Risk group	Success	Failure	Total
<u>Steroids alone</u>	All patients	16 (53%)	14 (47%)	30
	Visceral	3 (43%)	4 (57%)	7
	Skin only	13 (57%)	10 (43%)	23
<u>ECP + steroids</u>	All patients	33 (65%)	18 (35%)	51
	Visceral	7 (47%)	8 (53%)	15
	Skin only	26 (72%)	10 (28%)	36

Mehta R et al., BMT 2021

# ECP nel trattamento di prima linea



Mehta R et al., BMT 2021

# ECP nel trattamento di prima linea

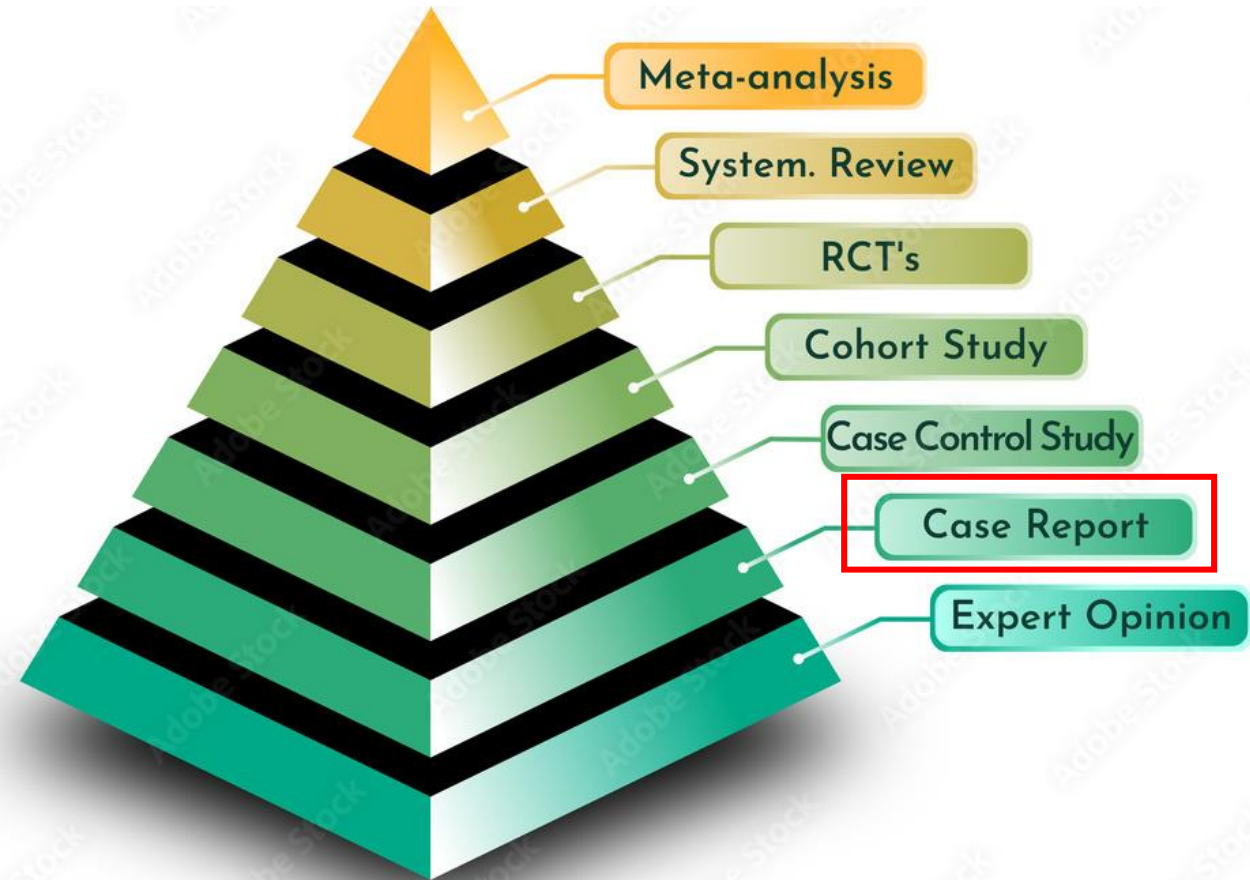


Studi retrospettivi, monocentrici con piccoli numeri

Un solo studio di fase 2, randomizzato

# ECP nel trattamento di prima linea

## Le ragioni del NO



# ECP nel trattamento di prima linea

Le ragioni del **NO**

Quanti pazienti sarebbero idonei all'ECP ?

→ condizioni cliniche (paz < +100 da allotx)

→ logistica

«69% of pts received  $\geq 90\%$  of planned sessions»



GB >1500, Hct  $\geq 27\%$ , PLT 20000

«Pts excluded if they were felt to be unable to tolerate... (ECP)»

Mehta R et al., BMT 2021



# ECP nella profilassi della GvHD acuta e cronica

# ECP nella profilassi della GvHD acuta e cronica

therapy. All patients entered on study were not eligible for or at high risk for TRM associated with conventional, ablative, and allogeneic HSCT. Patients were determined to

Preparative Regimen	
Day -7, -6	Extracorporeal photopheresis
Day -5, -4	Pentostatin 4mg/m <sup>2</sup> /day × 2 days by continuous infusion
Day -3, -2	TBI 200 cGy ×3 (600 cGy total)
Day -1	Rest
Day 0	Hematopoietic Stem Cell Infusion

aGvHD grade II-IV = 9% (n=5)

aGvHD grade III-IV = 4% (n=2, all died)

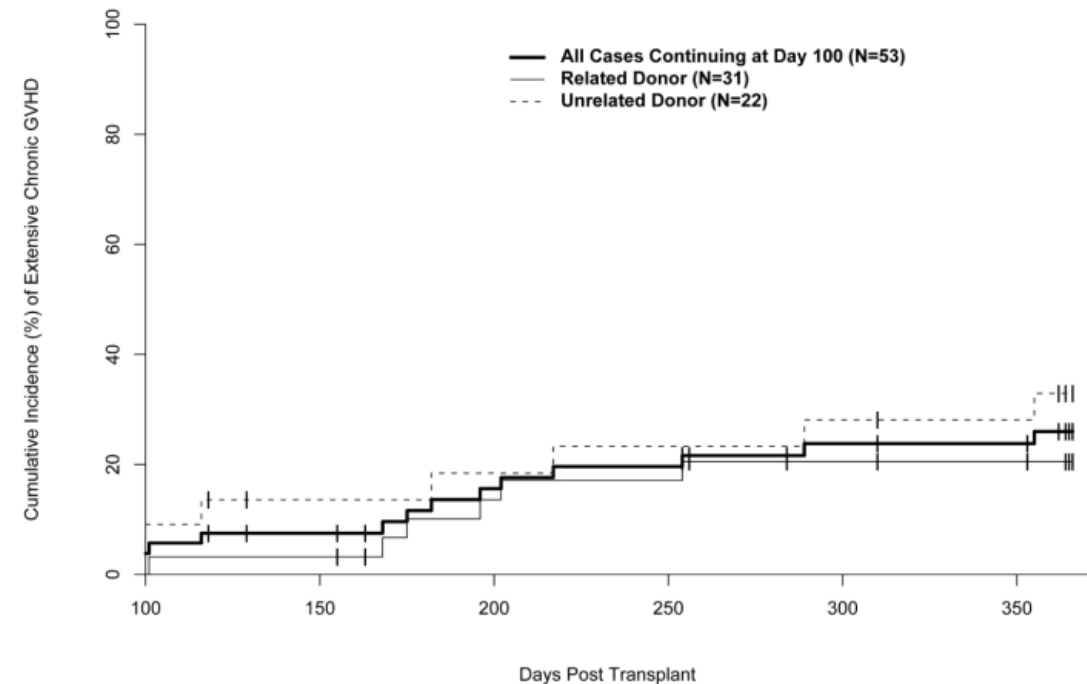
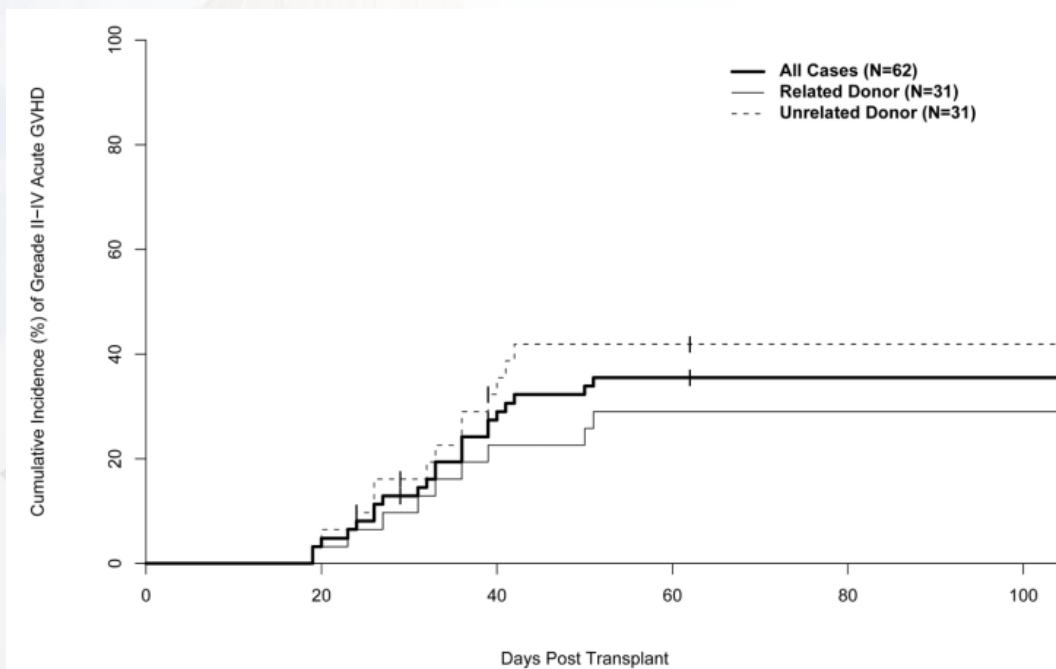
cGvHD extensive = 12%

cGvHD limited = 31%

Miller KB et al., BMT 2004

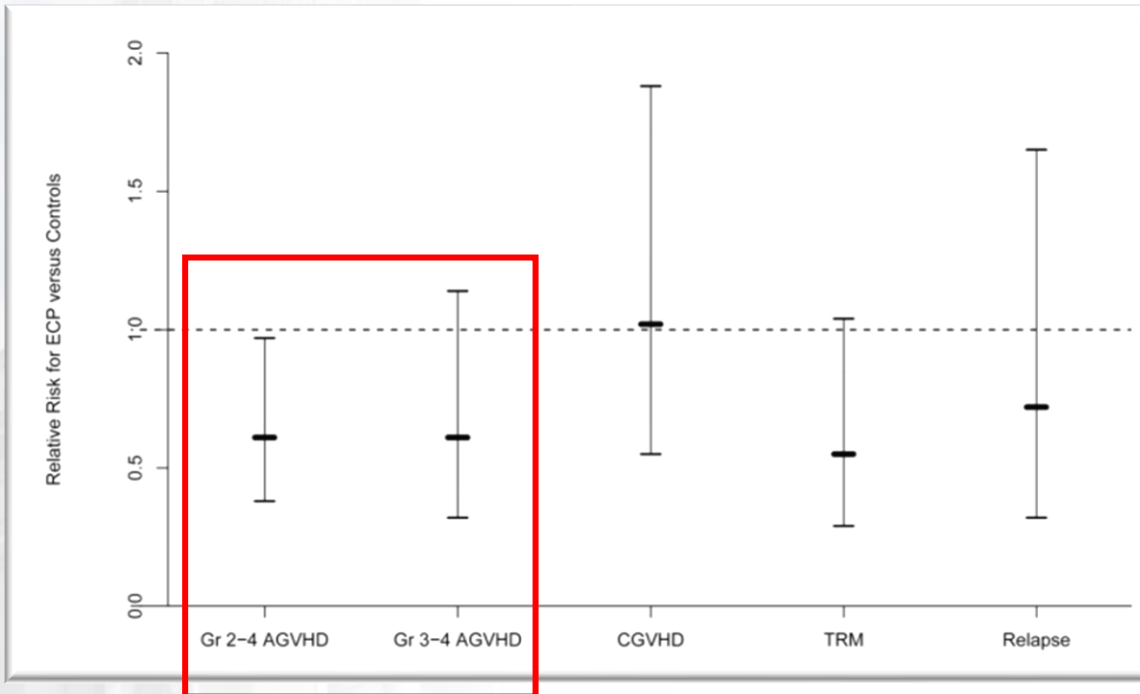


# ECP nella profilassi della GvHD acuta e cronica



Shaughnessy PJ et al., BMT 2010

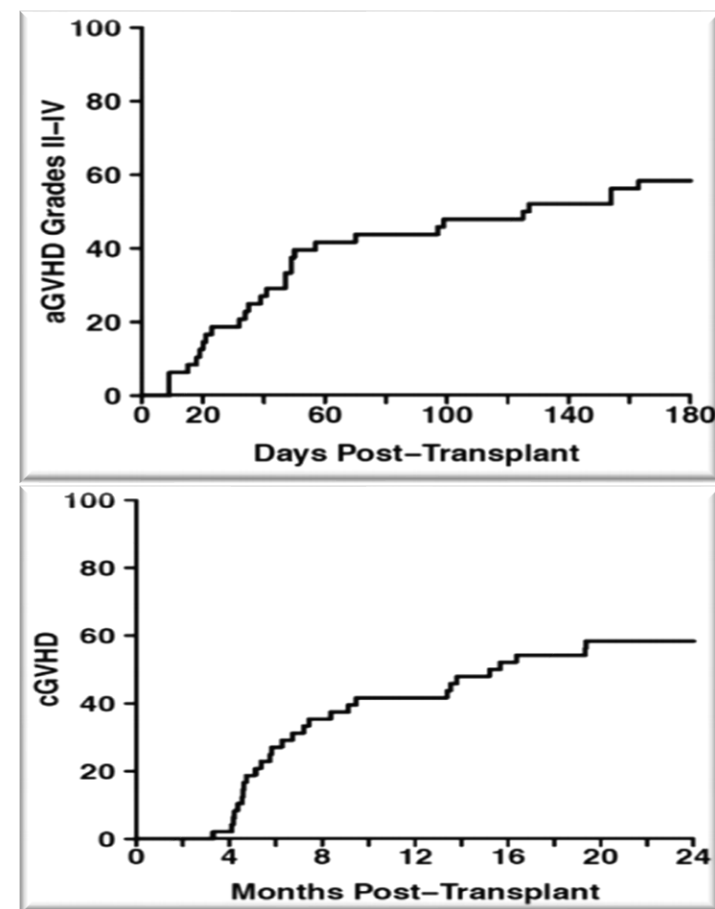
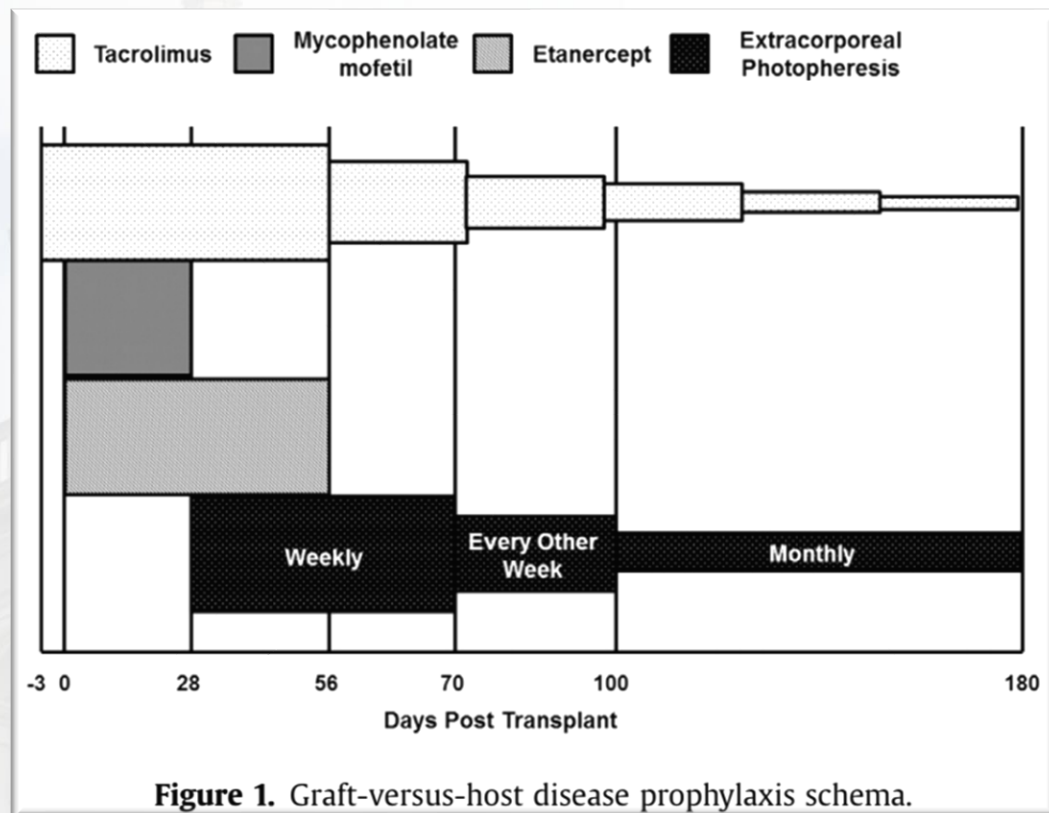
# ECP nella profilassi della GvHD acuta e cronica



- First allogeneic transplant in 1997-2003
- Age 18-60 years old
- Disease: ALL, AML, CML, CLL, MDS, NHL and HD
- HLA-id sib, 1-antigen mm related or matched unrelated donor
- Bone marrow or peripheral blood graft
- Conditioning:
  - TBI - 10.0-14.4 Gy
  - CY - 110-140 mg/kg
- GVHD prophylaxis: MTX + CsA alone

Shaughnessy PJ et al., BMT 2010

# ECP nella profilassi della GvHD acuta e cronica



Kitko CL et al., BBMT 2016

# ECP nella profilassi della GvHD acuta e cronica

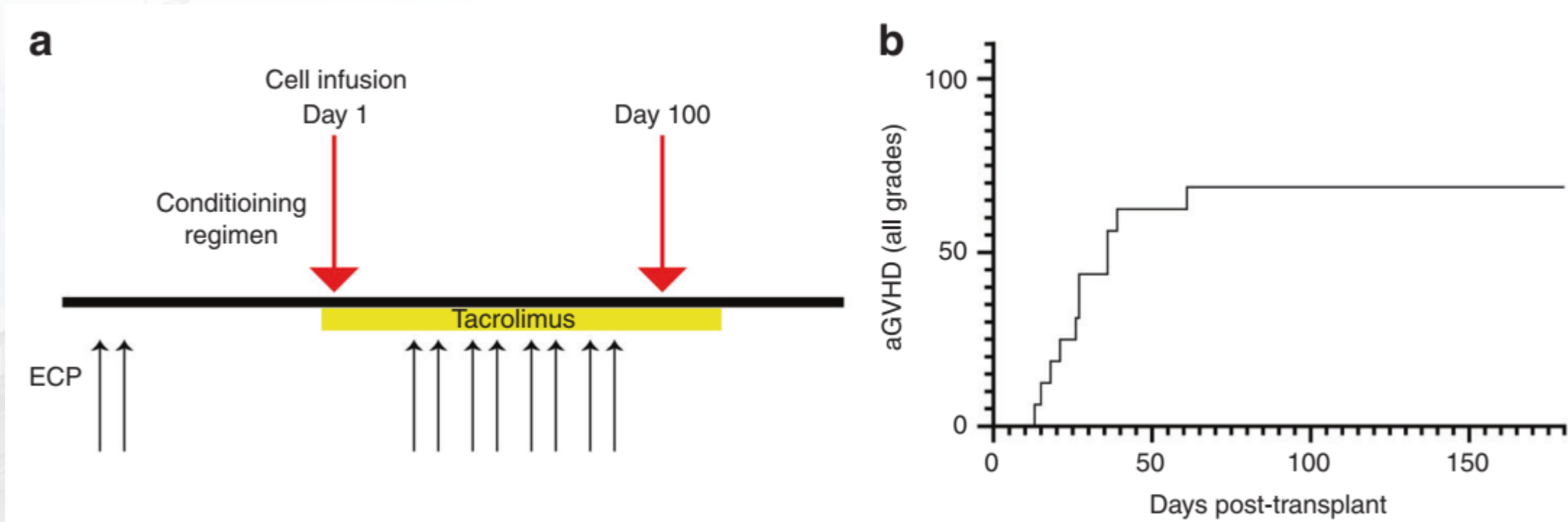


15% of aGvHD grade  $\geq 2$   
22% of cGvHD at 2 y

«N=20 pts from June 2009 to May 2014 enrolled in five different transplantation centers...»

Michallet M et al., Leuk&Lymph 2018

# ECP nella profilassi della GvHD acuta e cronica



Cum Inc cGvHD = 46% (n=6) at a median of 246 days (153 – 330)

Five pts (38%) had extensive cGvHD

Abdelhakim H et al., BMT 2021

# ECP nella profilassi della GvHD acuta e cronica



# ECP nella profilassi della GvHD acuta e cronica



ELSEVIER

## Transplantation and Cellular Therapy

journal homepage: [www.astctjournal.org](http://www.astctjournal.org)



Full Length Article  
Allogeneic – Adult

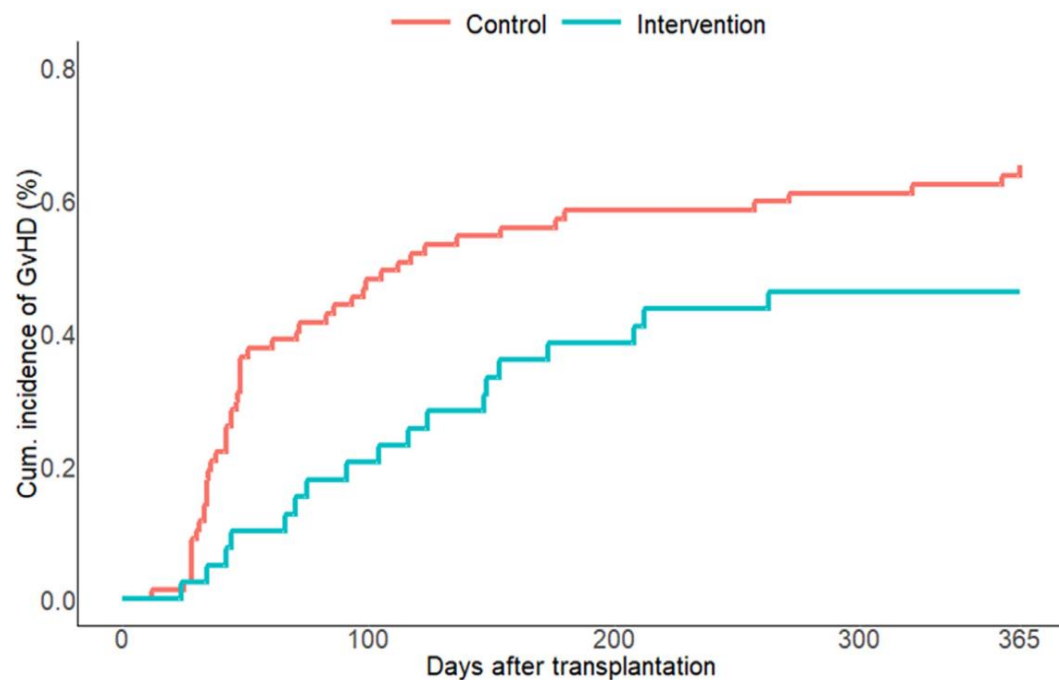
## Extracorporeal Photopheresis as Graft-versus-Host Disease Prophylaxis: A Randomized Controlled Trial



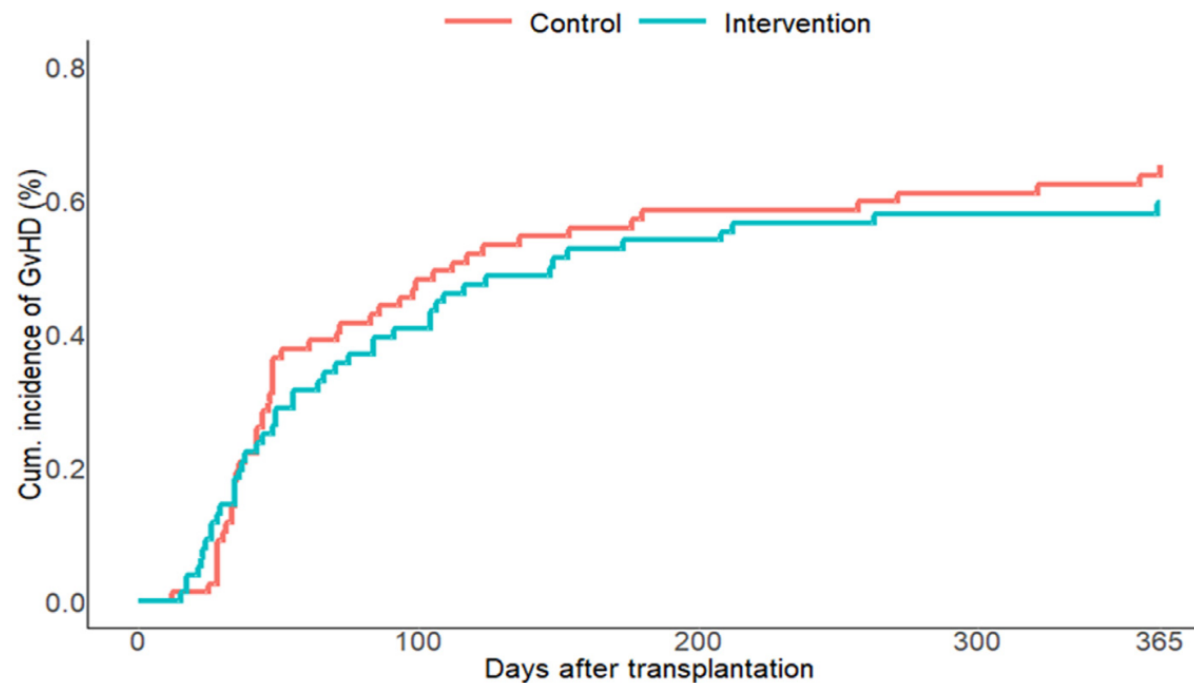
Ali MM et al., TCT 2023

# ECP nella profilassi della GvHD acuta e cronica

Per protocol



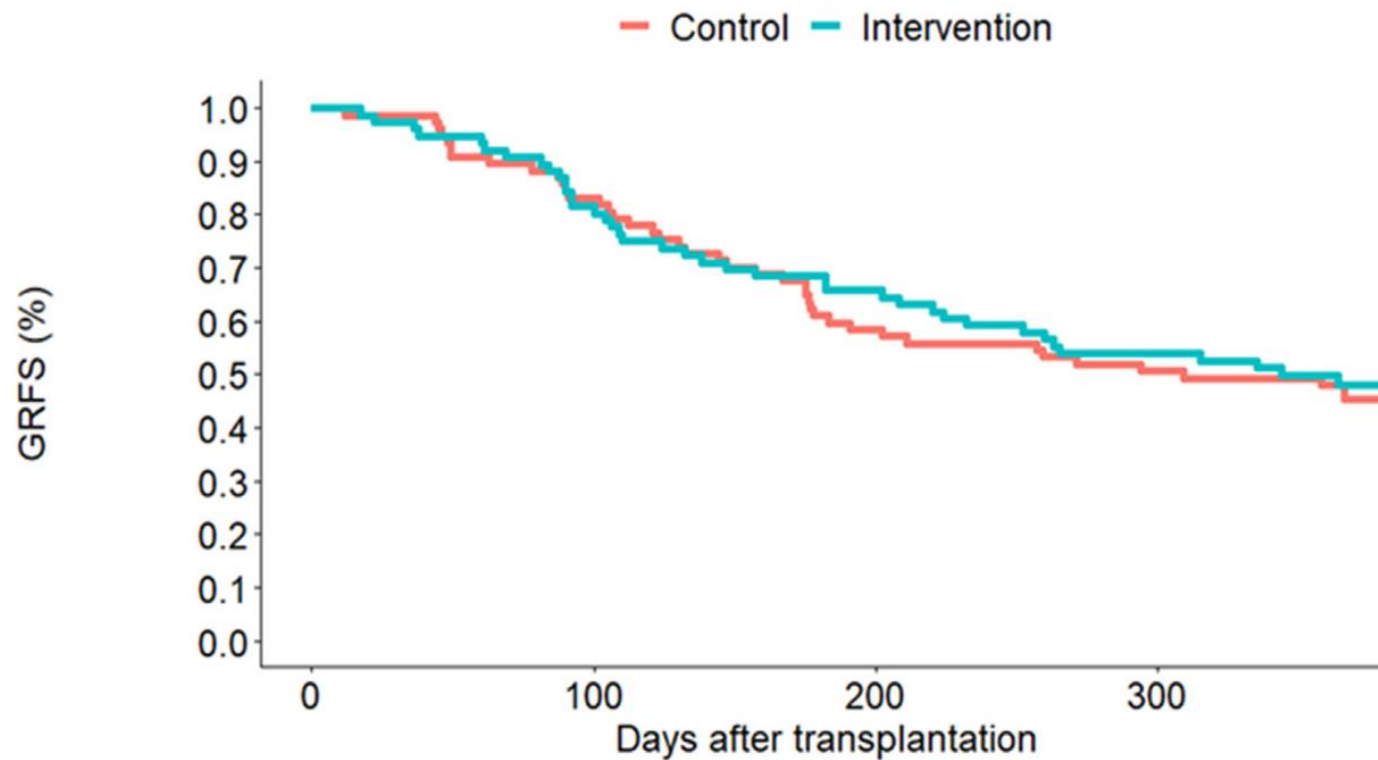
Intention-to-treat



Ali MM et al., TCT 2023



# ECP nella profilassi della GvHD acuta e cronica

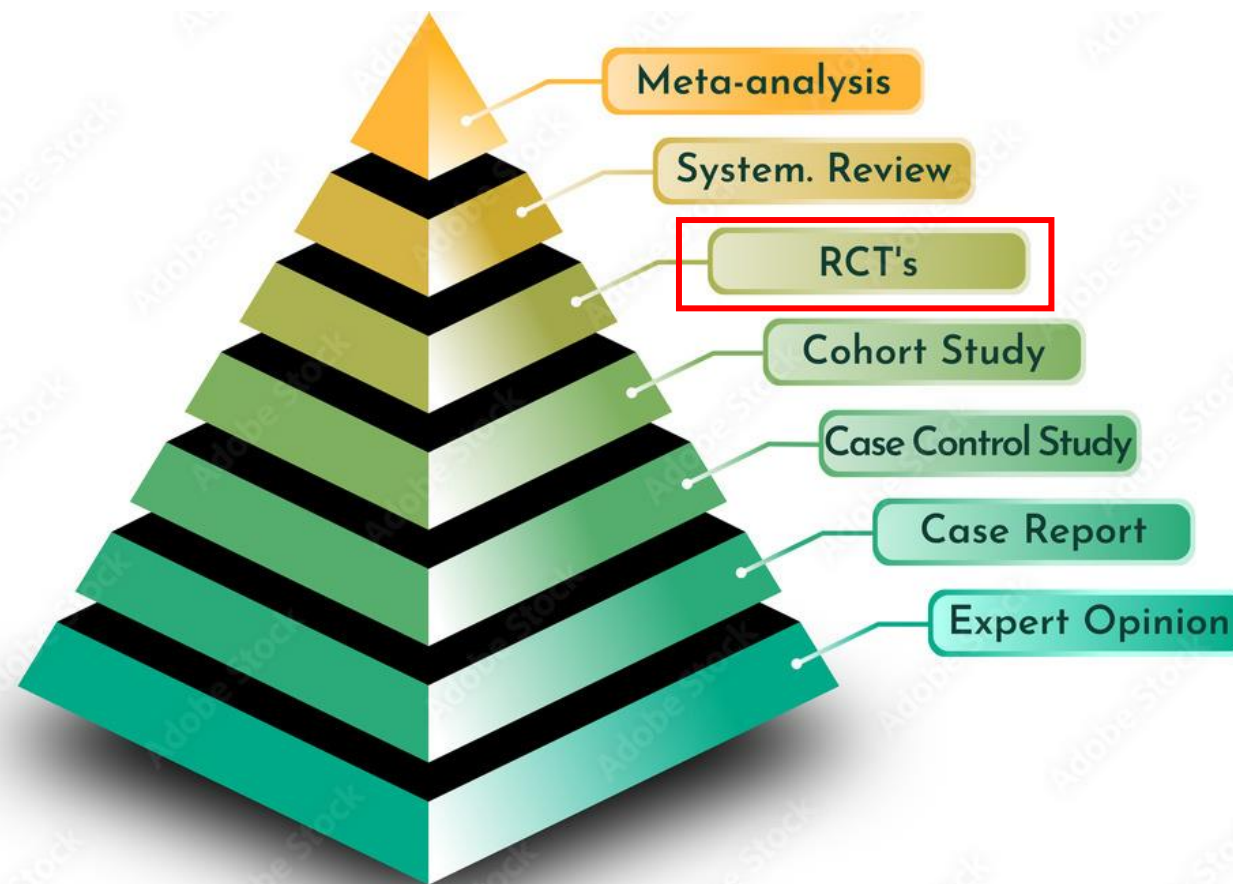


	Number at risk			
Control	77	64	45	39
Intervention	76	62	50	41

Ali MM et al., TCT 2023

# ECP nella profilassi della GvHD acuta e cronica

Le ragioni del **NO**



## ARTICLE

# First-line steroid-free systemic treatment of acute and chronic graft-versus-host disease after novel prophylaxis regimens

**Table 1.** Patient, disease and transplantation characteristics.

First line treatment of aGVHD	Cyclosporine A	13 (38.2%)
	Tacrolimus	16 (47.0%)
	Other <sup>b</sup>	5 (14.7%)
First line treatment of cGVHD	Cyclosporine A	10 (25.0%)
	Tacrolimus	20 (50.0%)
	Sirolimus	6 (15.0%)
	Other <sup>c</sup>	4 (10.0%)

<sup>b</sup>Ruxolitinib or MMF.

<sup>c</sup>Ruxolitinib, extracorporeal photopheresis or MMF.

Moiseev I et al., BMT 2023

## CORRESPONDENCE

# Steroid-free first line treatment of moderate and severe chronic GVHD: a survey from the Transplant Complications Working Party of the EBMT

accreditation status ( $p = 0.48$ ). Among centers using steroid-free treatments, 75% use them in rare clinical situations, 19% in specific clinical situations and 6% for majority of patients. Most commonly

used treatments included calcineurin inhibitors (CNIs) (71.4%), ruxolitinib (61.2%) and extracorporeal photopheresis (57.1%). A

The majority of centers (59.2%) reported that steroid-free treatment was used only in a minority of cGVHD patients (defined by questionnaire as  $<10\%$ ), while 12 centers use this strategy in

Moiseev I et al., BMT 2023

# Conclusioni

- Dati di efficacia su ECP consolidati nella GvHD acuta e cronica steroido-refrattaria
- Pochi studi sull'impiego in prima linea nella GvHD acuta, nella maggior parte monocentrici e con piccoli numeri, nessun RCT. Una survey EBMT mostra uso molto limitato di trattamento steroid-free nella GvHD cronica
- Mancanza di evidenza di efficacia in profilassi



# Ringraziamenti

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