HIGHLIGHTS in **RADIOTERAPIA**

Gli Studi che hanno cambiato la pratica clinica: Novità 2023

EVIDENCE AND PRACTICE CHANGING TREATMENTS IN GENITO-URINARY TUMORS PROSTATE CANCER

Thomas Zilli

Istituto Oncologico della Svizzera Italiana (IOSI) – EOC

Bellinzona, Switzerland













- Honoraria Travel costs: Janssen, Amgen, Ferring, Debiopharm, Bayer, Astellas, Telix, MVision, Recordati
- Research Grants: Varian Medical Systems, Debiopharm
- Advisory Boards: Janssen, Astellas, Accord



Summary: prostate cancer

Definitive RT

- ProtecT trial: 15 years follow-up
- Moderate hypofractionation: 10-yr follow-up of the CHHiP trial
- SBRT: the PACE B and PACE A trials
- High-tech SBRT: the MIRAGE trial
- Metastatic and oligometastatic
 - Treatment intensification: the PEACE-1 trial
 - Oligometastatic: the EXTEND and ARTO trials
- Systemic therapies
 - Sequencing short-term ADT: SANDSTORM meta-analysis
 - AI digital pathology: RTOG 94-08 and 92-02

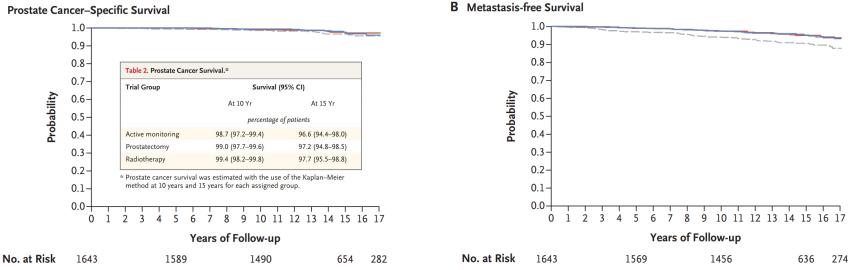


Definitive RT



1. ProtecT trial: 15-year outcome results

Prostatectomy Radiotherapy --- Active monitoring _



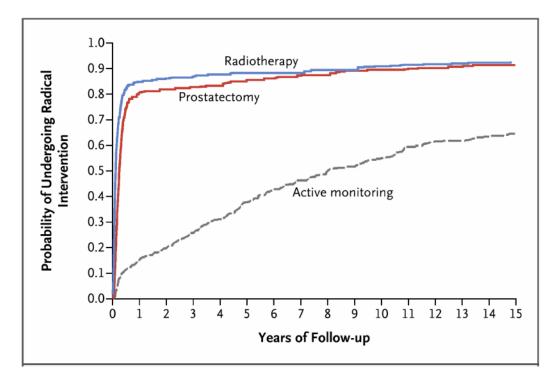
A Prostate Cancer-Specific Survival

PCS mortality is low regardless of the treatment (active monitoring vs RP vs RT) (~ 70% of the patients with low-risk disease)



Hamdy FC et al. NEJM 2023

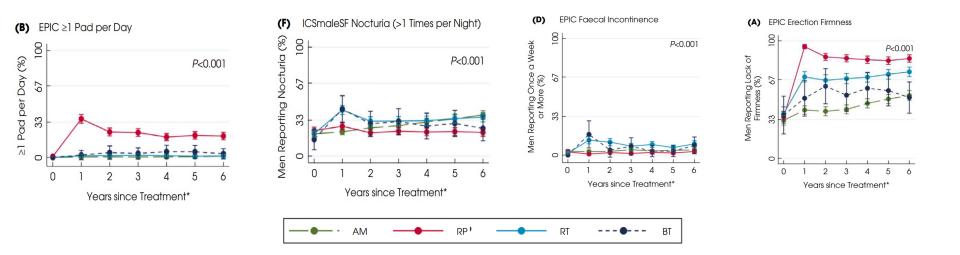
1. ProtecT trial: 15-year outcome results



- Only 24.4% in the AM group were alive and had neither received radical treatment nor started ADT
- Of these men, 17 (12.8%) were considered to have intermediate or high-risk disease according to the D'Amico criteria
- Only 14 (10.5%) had Gleason grade group 2 disease or higher



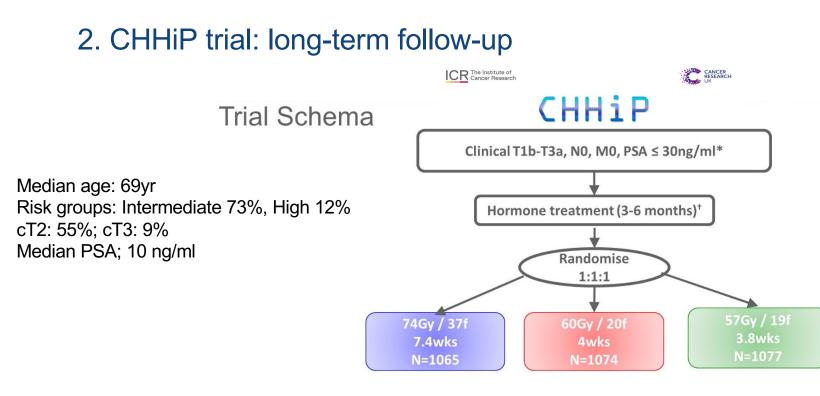
1. ProtecT trial: 6-year QoL results



6-yr functional and QoL profiles are different among treatments and are important for decisionmaking (also considering the natural deterioration in urinary and sexual function while on active monitoring)

eoc

Lane JA et al. BJUI 2022



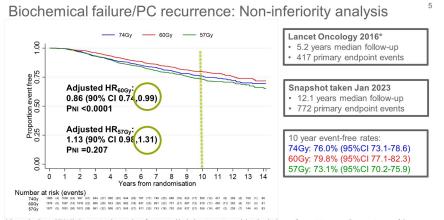
⁺ optional for patients with low risk disease

*Risk of seminal vesicle involvement ≤ 30% (PSA+[GS-6] x10

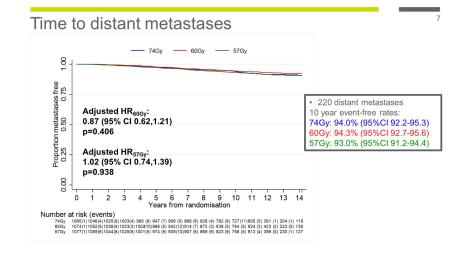
Non-inferiority design with a critical hazard ratio of 1.21 for each hypofractionated schedule compared to 74Gy/37f



2. CHHiP trial: long-term follow-up (6-10 years)



* Dearnaley D, et al (2016). Conventional versus hypofractionated high-dose intensity-modulated radiotherapy for prostate cancer: 5-year outcomes of the randomised, non-inferiority, phase 3 CHHiP trial. Lancet Oncology. 17(8):1047-60.



Long-term FU confirms the non-inferiority of 60 Gy/20fx compared to 74Gy/37fx (~80% bRFS and ~95% DMFS at 10yr)

O'Sullivan J et al. ASCO GU 2023

Istituto Oncologico della Svizzera Italiana Oncology Institute of Southern Switzerland



2. CHHiP trial: long-term follow-up (6-10 years)

	TURP	Urethro- tomy	Urethral dilation	Long term catheter	Ureteric Obstruction
	n (%)	n (%)	n (%)	(%)	n (%)
Yes – recurrence	5 (<1)	3 (<1)	3 (<1)	5 (<1)	36 (2)
Yes – toxicity	15 (1)	8 (<1)	27 (1)	24 (1)	
No	2133 (99)	2140 (99)	2122 (99)	2125 (99)	2194 (98)

Late bowel toxicity at 10 yrs	N=2090 n (%)
Sigmoidoscopy	201 (10.6)
Bowel stricture	7 (<1)
Steroids	3 (<1)
Sucralfate	3 (<1)
Formalin	0
Laser coagulation	2 (<1)
Rectal diversion	4 (<1)
Bone fractures	56 (2)

Significant late toxicity year 6-10

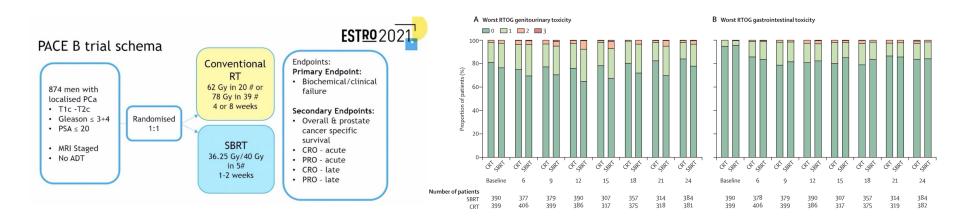
Sigmoidoscopy	Bone fractures
74Gy: 79/681 (12%)	74Gy: 15/700 (2%)
60Gy: 60/739 (8%)	60Gy: 19/771 (2%)
57Gy: 65/702 (9%)	57Gy: 22/719 (3%)
Ureteric obstruction	Bowel stricture

2395 year 10 co-morbidity forms received (94% return rate)

Long-term FU confirms the limited rate of severe late toxicity of moderate hypofractionation

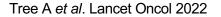


3. PACE-B trial: 2-year toxicity

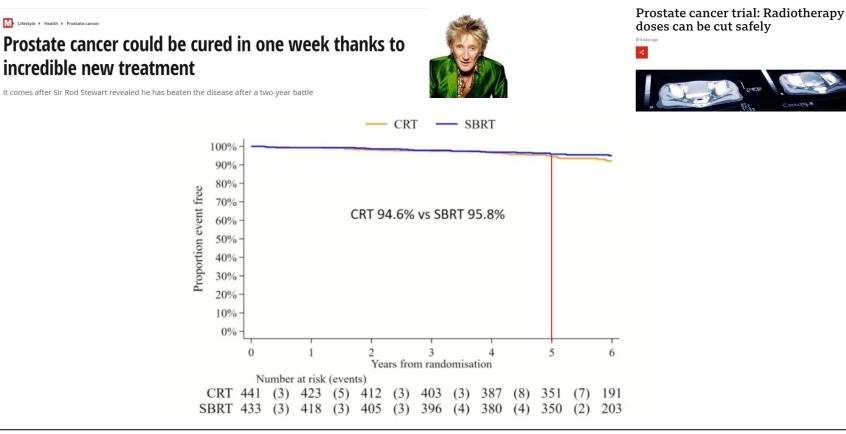


2-year GU and GI toxicity similar for 5-fraction SBRT vs conventional fractionation (grade 2 GU: 3% vs 2% - grade 2 GI: 2% vs 3%)

eoc



3. PACE-B trial: 5-year biochemical control



Van As N et al. ASTRO 2023

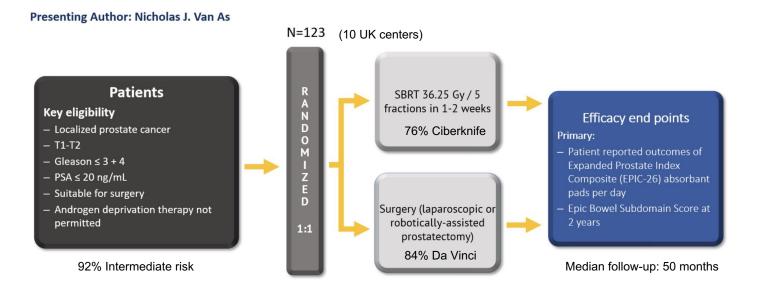
Istituto Oncologico della Svizzera Italiana Oncology Institute of Southern Switzerland



4. PACE-A: radical prostatectomy vs SBRT

Abstract #298, ASCO Genitourinary Cancer Symposium 2023

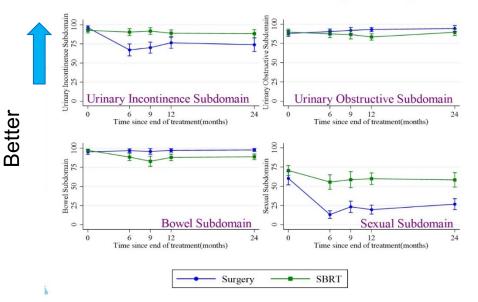
PACE-A: An international phase 3 randomised controlled trial (RCT) comparing stereotactic body radiotherapy (SBRT) to surgery for localised prostate cancer (LPCa)—Primary endpoint analysis.





4. PACE-A: radical prostatectomy vs SBRT

EPIC subdomain scores up to 2 years



- Urinary incontinence (use of pads) at 2-yr 46.8% RP (n=15/32) 4.5% SBRT (n=2/43)
- 2-yr CTCAE GU G2+ tox: 9.5% RP 9.3% SBRT
- 2-yr CTCAE GI G2+ tox: none
- Bowel symptoms: SBRT > RP (15.6% vs 0%)
- Urinary bother subdomains: SBRT = RP
- Sexual bother: SBRT < RP (58 vs 29 EPIC)

SBRT: better urinary continence & sexual bother scores at 2-yr compared to RP SBRT: more bowel bother at 2-yr compared to RP Grade 2+ CTCAE toxicities: <10% in both arms



5. MIRAGE trial: MRI-guidance

JAMA Oncology | Original Investigation

Magnetic Resonance Imaging-Guided vs Computed Tomography-Guided Stereotactic Body Radiotherapy for Prostate Cancer The MIRAGE Randomized Clinical Trial

Amar U. Kishan, MD; Ting Martin Ma, MD, PhD; James M. Lamb, PhD; Maria Casado, BS; Holly Wilhalme, MSc; Daniel A. Low, PhD; Ke Sheng, PhD; Sahil Sharma, BS; Nicholas G. Nickols, MD, PhD; Jonathan Pham, PhD; Yingli Yang, PhD; Yu Gao, PhD; John Neylon, PhD; Vincent Basehart, BS; Minsong Cao, PhD; Michael L. Steinberg, MD

154 Participants randomized and analyzed

INTERVENTION

PRIMARY OUTCOME

POPULATION

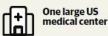
156 Men



Men with clinically localized prostate adenocarcinoma receiving stereotactic body radiotherapy (SBRT)

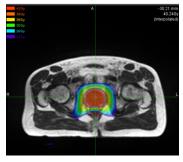
Median age, 71 y

LOCATION



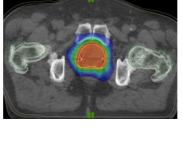
Incidence of acute grade ≥ 2 genitourinary (GU) toxic effects from the start of SBRT to ≤ 90 d post-SBRT, as measured by the Common Terminology Criteria for Adverse Events. version 4.03 scale

76 CT-guided SBRT
SBRT to the prostate using computed
tomography (CT) guidance and a
standard 4-mm planning margin
78 MRI-guided SBRT
SBRT to the prostate using magnetic
resonance imaging (MRI) guidance with
a 2-mm planning margin





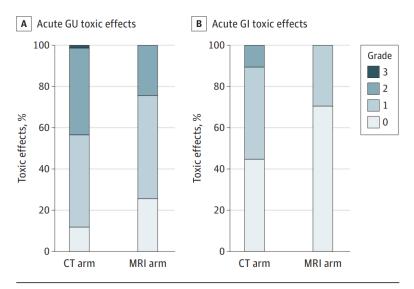
VS



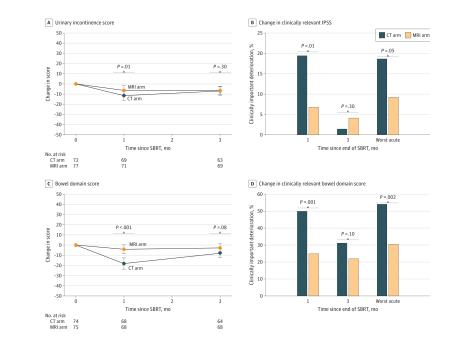


Istituto Oncologico della Svizzera Italiana Oncology Institute of Southern Switzerland

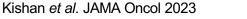




All toxic effects were scored based on the Common Terminology Criteria for Adverse Events, version 4.03 scale. CT indicates computed tomography; MRI, magnetic resonance imaging.



Compared with CT-guidance, MRI-guided SBRT significantly reduce both moderate acute physician-scored toxicities and decrements in patient-reported QoL





Metastatic and

oligometastatic



1. PEACE-1: RT and intensified systemic therapies

Design of PEACE-1

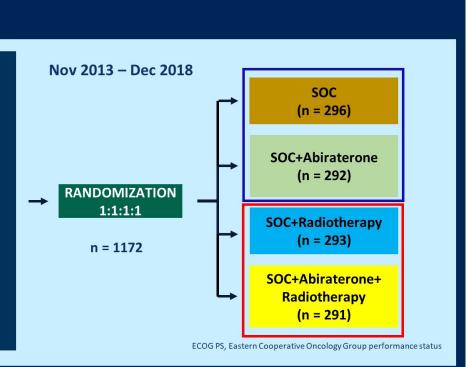
Key Eligibility Criteria

De novo mCSPC Distant metastatic disease: ≥ 1 lesion on bone scan and/or CT scan ECOG PS 0 -2

On-Study Requirement Continuous ADT

<u>Permitted</u> ADT ≤ 3 months

Stratification ECOG PS (0 vs 1-2) Metastatic sites (LN vs bone vs visceral) Type of castration (orchidectomy vs LHRH agonist vs LHRH antagonist) Docetaxel (yes vs no)

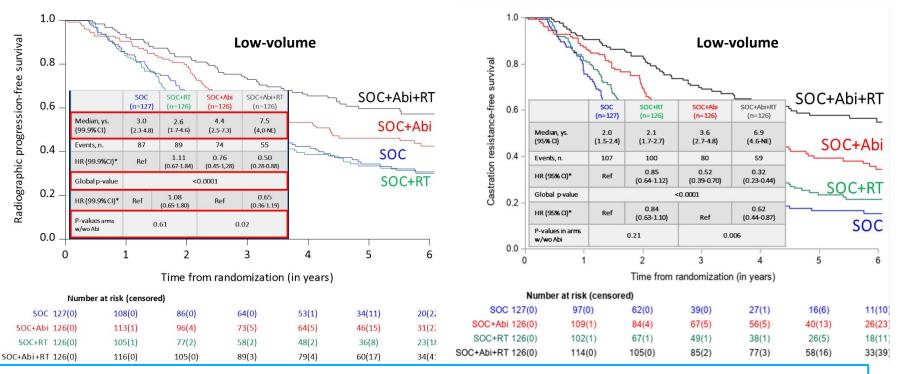


1. PEACE-1: patient characteristics

		SOC (+/- Abi) (n = 588)	SOC (+/- Abi) + Radiotherapy (n = 584)
Median age, year (Min-Max)		67 (43–88)	66 (37–94)
ECOG PS score, n (%)	0	411 (70)	413 (71)
	1-2	177 (30)	171 (29)
Gleason score at diagnosis, n (%)	≤ 7	142 (23)	136 (24)
	≥ 8	429 (74)	441 (75)
	Missing	17 (3)	7 (1)
Median time from diagnosis, month (IQR)		2.2 (1.5-3.1)	2.3 (1.5-3.2)
Metastatic sites, n (%)	Lymph nodes only	51 (9)	48 (8)
	Bone only	474 (81)	473 (81)
	Visceral	63 (11)	63 (11)
Disease volume, n (%)	Low	253 (43)	252 (43)
	High	335 (57)	332 (57)
Median baseline PSA, ng/mL (IQR)		13.1 (3.5-57.1)	12.6 (3-62.4)
Docetaxel, n (%)	Yes	355 (60)	355 (61)
	No	233 (40)	229 (39)



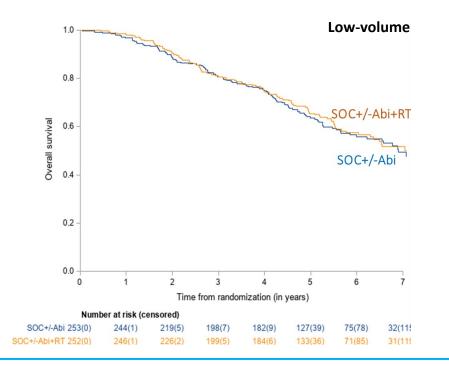
1. PEACE-1: RT and intensified systemic therapies



Local RT + intensified systemic therapy (Abiraterone ± docetaxel) improves rPFS and CRPC free-survival in mHSPC with minimal added toxicity



1. PEACE-1: RT and intensified systemic therapies



	SOC+/Abi (n=253)	SOC+/-Abi++RT (n=252)	
Median, ys. (95.1% CI)	6.9 (5,9-7,5)	7.5 (6-NE)	
Events, n	111	104	
HR*	Ref	0.98 (0.74-1.28)	
p-value	0.86		

Local RT + intensified systemic therapy (abiraterone ± docetaxel) does not improve OS



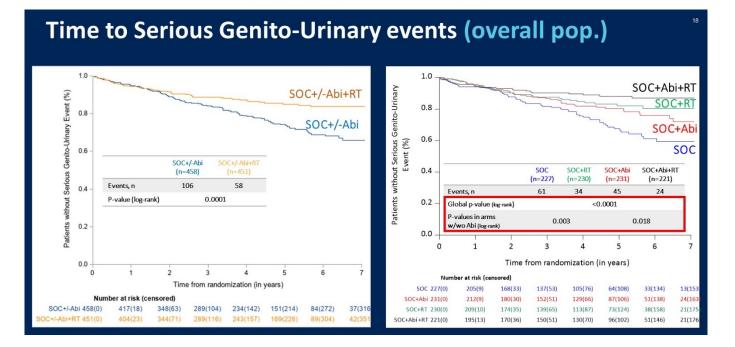
1. PEACE-1: serious GU events

Definition of serious GU events:
Urinary Catheter
Double J Stent
Nephrostomy
Prostate RT or TURP
Radical Prostatectomy





1. PEACE-1: serious GU events

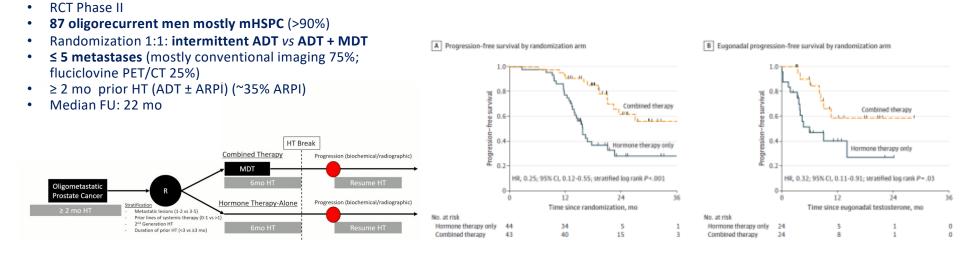


Local RT prevents serious GU events, irrespectively of the disease burden (low vs high volume)



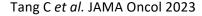
2. EXTEND trial: MDT in mHSPC

EXTEND trial



MDT + ADT \pm ARPI as part of an intermittent regimen improves PFS and thus time off hormone therapy

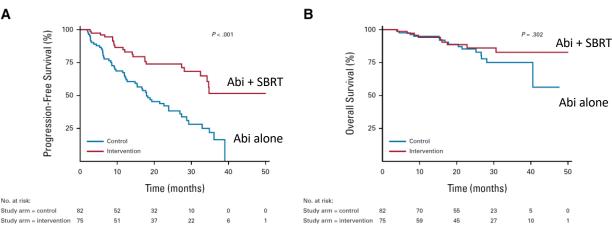
eoc



3. ARTO trial: MDT in CRCP patients

Α

No. at risk:



- PSA response: 68.3% Abi vs 92% Abi + SBRT ٠
- Complete PSA response: 23.2% Abi vs 56% Abi + SBRT ٠

Addition of SBRT to 1st line abiraterone MDT improves biochemical response and PFS in oligoprogressive mCRPC patients



ARTO trial

- 157 oligometastatic mCRPC pts (1-3 non-visceral lesions on NGI)
- Phase II RCT:

Abiraterone vs Abiraterone +

SBRT

- **Primary endpoint:**
 - PSA response (decrease \geq 50% at 6 mo)
- Secondary endpoints:

Complete biochemical response (PSA <0.2 ng/mL at 6 mo); PFS

Systemic therapies



1. SANDSTORM meta-analysis: sequencing of short-duration ADT

- 12 randomized trials
- 7'409 pts receiving neoadjuvant/concurrent or concurrent/adjuvant short-term ADT (4-6 months) with RT for localized disease
- Aims: to evaluate
 - ✓ The impact of neoadjuvant/concurrent ADT (n= 6,325) (ADT starting ≥ 2 months before the start of RT and continued throughout the RT course) and concurrent/adjuvant ADT (n=1,084) regimen (ADT starting at the commencement of RT and given adjuvantly for ≥ 2months after the completion of RT)
 - Prostate-only RT (PORT) or whole-pelvis RT (WPRT)

Characteristic	Neoadj/conc ADT ($n = 6,325$)	Conc/adj ADT (n = 1,084)	Р	Overall (N = 7,40
Age, years				
Median (IQR)	70 (65-74)	70 (65-74)	.690	70 (65-74)
Missing, No. (%)	1 (0.0)	0 (0.0)		1 (0.0)
RT dose, ^a No. (%)				
Low dose	3,942 (62.0)	558 (51.0)	< .001	4,500 (61.0)
High dose	2,374 (38.0)	514 (47.0)		2,888 (39.0)
Missing	9 (0.1)	12 (1.1)		21 (0.3)
Pelvic nodal RT, No. (%)				
No	3,886 (61.0)	469 (43.0)	< .001	4,355 (59.0)
Yes	2,434 (38.0)	615 (57.0)		3,049 (41.0)
Missing	5 (0.1)	0 (0.0)		5 (0.1)
T stage, No. (%)				
T1/T2	5,009 (79.0)	715 (66.0)	< .001	5,724 (77.0)
T3/T4	1,245 (20.0)	369 (34.0)		1,614 (22.0)
Missing	71 (1.1)	0 (0.0)		71 (1.0)
Gleason score, No. (%)				
6	2,498 (39.0)	472 (44.0)	.130	2,970 (40.0)
7	2,921 (46.0)	469 (43.0)		3,390 (46.0)
8	503 (8.0)	87 (8.0)		590 (8.0)
≥ 9	256 (4.0)	40 (4.0)		296 (4.0)
Missing	147 (2.3)	16 (1.5)		163 (2.2)
iPSA				
Median (IQR)	11 (7.3-17)	13 (7.9-21)	< .001	11 (7.4-18)
Missing, No. (%)	257 (4.1)	0 (0.0)		257 (3.5)
NCCN risk group, No. (%)				
Low	701 (11.0)	61 (6.0)	< .001	762 (10.0)
Intermediate	3,310 (52.0)	491 (45.0)		3,801 (51.0)
High	2,252 (36.0)	532 (49.0)		2,784 (38.0)
Missing	62 (1.0)	0 (0.0)		62 (0.8)

Abbreviations: ADT, androgen-deprivation therapy; Conc/adj, concurrent/adjuvant; iPSA, initial prostate-specific antigen; IQR, interquartile range; NCCN, National Comprehensive Cancer Network; Neoadj/conc, neoadjuvant/concurrent; RT, radiation therapy.

"RT doses of 74 Gy or higher are considered high dose (presuming an α/β of 3.0 Gy).



1. SANDSTORM meta-analysis: sequencing of short-duration ADT

RT Field	End Point	Neo/ Concurrent	Concurrent/Adj		10-Year RMTL Benefit of Concurrent/Adj	HR (95% CI)		Р
		Incidence/No.	Incidence/No.	Concurrent/Adj (%, 95% Cl)	(Months, 95% CI)			
PORT	MFS	1070/3746	148/455	8.0% (3.5 to 12.5)	4.0 (1.2 to 6.7)	0.65 (0.54 to 0.79)	⊢ 1	< .000
	BCR	911/3745	65/454	14.4% (9.6 to 19.2)	10.8 (8.3 to 13.2)	0.46 (0.35 to 0.59)	⊢ ∎⊸1	< .000
	DM	255/3746	22/455	3.6% (1.0 to 6.2)	2.3 (1.1 to 3.6)	0.52 (0.33 to 0.82)	⊢ •−→	.004
	PCSM	214/3726	13/452	4.5% (2.2 to 6.8)	1.6 (0.8 to 2.4)	0.30 (0.16 to 0.54)		< .000
	OS	968/3747	143/457	6.2% (1.8 to 10.7)	2.5 (-0.1 to 5.0)	0.69 (0.57 to 0.83)	L	.000
WPRT	MFS	1547/2174	217/599	2.4% (-4.8 to 9.6)	0.3 (-3.8 to 4.4)	0.94 (0.79 to 1.12)		H .480
	BCR	919/2110	206/599	3.1% (-1.8 to 8.0)	3.6 (-0.9 to 8.0)	0.86 (0.73 to 1.03)	⊢ ∎-1	.100
	DM	312/2174	100/599	-7.9% (-11.6 to -4.2)	–5.5 (–8.8 to –2.1)	1.57 (1.20 to 2.05)		⊢ 000
	PCSM	265/2158	51/590	-2.3% (-5.0 to 0.4)	-1.7 (-4.0 to 0.6)	1.09 (0.77 to 1.55)	F	.620
	OS	1511/2174	176/599	5.4% (-1.2 to 12.1)	3.1 (-0.6 to 6.7)	0.82 (0.68 to 0.99)	⊢	.040
							0.20 0.50 0.15,00	150 2.00
							Favors Concurrent /Adj	Favors Neo /Concurrent

- Concurrent/adjuvant ADT should be the standard of care when short-term AD and PORT are used
- For patients receiving WPRT, neoadjuvant/concurrent short-term ADT may be preferred given its DM benefit

2. Al prognostic / predictive model on digital pathology

ARTICLE **OPEN**

Clinical data

Digital pathology

slides

Check for updates

Prostate cancer therapy personalization via multi-modal deep learning on randomized phase III clinical trials

Andre Esteva^{1 ⊠}, Jean Feng ⁶, Douwe van der Wal¹, Shih-Cheng Huang³, Jeffry P. Simko⁴, Sandy DeVries⁵, Emmalyn Chen¹, Edward M. Schaeffer⁶, Todd M. Morgan ¹⁰, Xilun Sun ¹⁶, Amirata Ghorbani⁹, Nikhil Naik⁹, Dhruv Nathawani ¹⁶, Richard Socher⁹, Jeff M. Michalski¹⁰, Mack Roach III⁴, Thomas M. Pisansky¹¹, Jedidiah M. Monson¹², Farah Naz¹³, James Wallace¹⁴, Michelle J. Ferguson¹⁵, Jean-Paul Bahary¹⁶, James Zou 👩, Matthew Lungren³, Serena Yeung 👩, Ashley E. Ross⁶, NRG Prostate Cancer Al Consortium^{*}, Howard M. Sandler 17, Phuoc T. Tran¹⁸, Daniel E. Spratt¹⁹, Stephanie Pugh²⁰, Felix Y. Feng^{4,34} and Osama Mohamad^{4,34}

Gleason

Combined

9

H x W x 3 Patches

of size 256 x 256

Gleason

Primary

4 Six clinical variables Gleason

Secondary

T-stage

T₂c

H x W x 128

feature tensor

128 x 1

feature vector

PSA

(ng/ml)

63.1

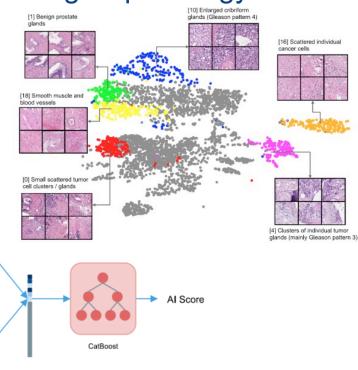
Age

(yrs)

67

Fixed-size

image quilt





eoc

Esteva A et al. npj Digital Medicine 2022

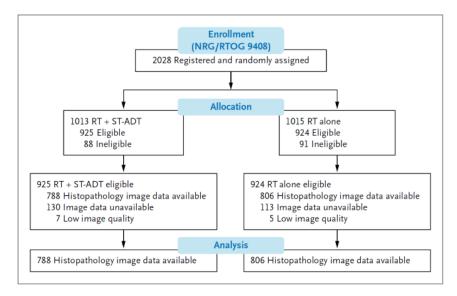
SSL-Pretrained

ResNet50



2. RT +/- short course ADT: AI predictive model

Artificial Intelligence Predictive Model for Hormone Therapy Use in Prostate Cancer

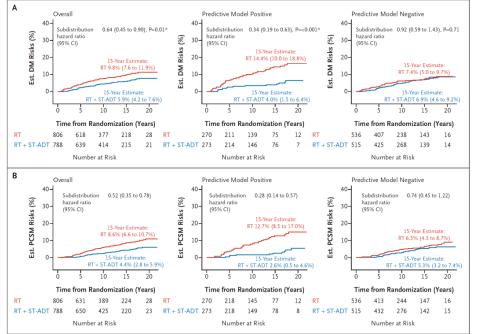


14.9 years of median follow-up

	NRG/	RTOG 9408 Full Cohort	: (N=1974)	NRG/RTOG 940	08 Imaged Cohort (n=1594)
Characteristic	Overall (N=1974)	Imaged (n=1594)	Not Available (n=380)	RT (n=806)	RT + ST-ADT (n=788)
Group					
RT	990 (50.2)	806 (50.6)	184 (48.4)	_	_
RT + ST-ADT	984 (49.8)	788 (49.4)	196 (51.6)	_	-
Age, years					
Median (IQR)	71 (66-74)	71 (66-74)	70 (66-74)	71 (66-74)	70 (66-74)
Missing	1	0	1	_	_
Race					
Black	394 (20.0)	306 (19.2)	88 (23.2)	150 (18.6)	156 (19.8)
White	1,497 (75.8)	1,220 (76.5)	277 (72.9)	624 (77.4)	596 (75.6)
Other	80 (4.1)	65 (4.1)	15 (3.9)	31 (3.8)	34 (4.3)
Unknown	3 (0.2)	3 (0.2)	0 (0.0)	1 (0.1)	2 (0.3)
KPS					
70-80	154 (7.8)	126 (7.9)	28 (7.4)	60 (7.4)	66 (8.4)
90-100	1819 (92.2)	1468 (92.1)	351 (92.6)	746 (92.6)	722 (91.6)
Missing	1	0	1	_	_
Baseline PSA, ng/n	nl				
Median (IQR)	8 (6-12)	8 (6-12)	7 (5-10)	8 (6-12)	8 (6-12)
<4	209 (10.6)	145 (9.1)	64 (16.9)	66 (8.2)	79 (10.0)
4-10	1089 (55.2)	874 (54.8)	215 (56.7)	448 (55.6)	426 (54.1)
10-20	669 (33.9)	570 (35.8)	99 (26.1)	288 (35.7)	282 (35.8)
>20	6 (0.3)	5 (0.3)	1 (0.3)	4 (0.5)	1 (0.1)
Missing	1	0	1	_	_
Tumor stage					
т1	962 (48.8)	775 (48.6)	187 (49.3)	379 (47.0)	396 (50.3)
T2	1011 (51.2)	819 (51.4)	192 (50.7)	427 (53.0)	392 (49.7)
Missing	1	0	1	_	_
Nodal stage					
N0	80 (4.1)	67 (4.2)	13 (3.4)	33 (4.1)	34 (4.3)
Nx	1893 (95.9)	1527 (95.8)	366 (96.6)	773 (95.9)	754 (95.7)
Missing	1	0	1	_	_
Gleason score					
<7	1212 (62.9)	969 (62.2)	243 (65.7%)	475 (60.6%)	494 (63.9%)
7	535 (27.8)	437 (28.1)	98 (26.5%)	233 (29.7%)	204 (26.4%)
8-10	180 (9.3)	151 (9.7)	29 (7.8)	76 (9.7)	75 (9.7)
Missing	47	37	10	22	15
Risk group					
High	180 (9.3)	151 (9.7)	29 (7.8)	76 (9.7)	75 (9.7)
Intermediate	1071 (55.6)	878 (56.4)	193 (52.2)	453 (57.8)	425 (55.0)
Low	676 (35.)	528 (33.9)	148 (40.0)	255 (32.5)	273 (35.3)
Missing	47	37	10	22	15



2. RT +/- short course ADT: AI predictive model



Predictive					15-yr Absolute	15-yr RMST					
End Point	NCCN Risk		RT+ST-ADT Incidence/N		Benefit of ADT (%, CI 95%)				sHazard Ratio (95% CI)		Interactio P Value
DM	All	Positive	14/273	39/270	10.5 (5.4, 15.5)	0.8 (0.3, 1.3)			0.34 (0.19, 0.63)	<0.001*	0.01*
		Negative	37/515	41/536	0.5 (-2.8, 3.7)	0.1 (-0.1, 0.4)			0.92 (0.59, 1.43)	0.71	
PCSM	All	Positive	10/273	34/270	10.2 (5.5, 14.9)	0.7 (0.3, 1.1)		I	0.28 (0.14, 0.57)		
		Negative	27/515	37/536	1.2 (-1.9, 4.2)	0.2 (-0.1, 0.4)	0.20	0.50 0.75 1.0	0.74 (0.45, 1.22) 1.5		
							Favors	RT+ST-ADT F	avors RT		

Only 34% of the patients (model positive) benefit from short-term ADT to reduce the risk of DM

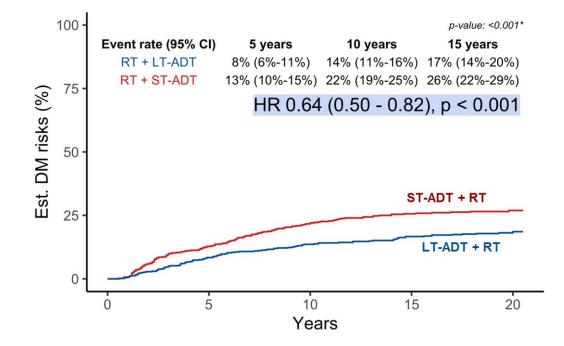


3. RT +/- long course ADT: AI predictive model

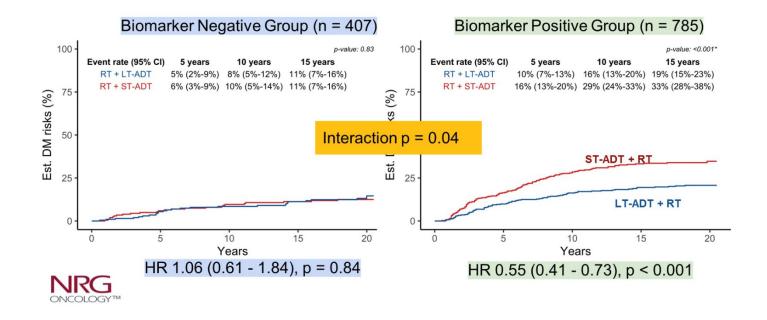
• RTOG 92-02

Phase III RCT of T2c-T4 pts (n=1521) who received 4 mo of ADT +/- 2 additional years

At 10-yr long-term outcome benefit for longterm ADT (OS benefit for Gleason 8-10)



3. RT +/- long course ADT: AI predictive model

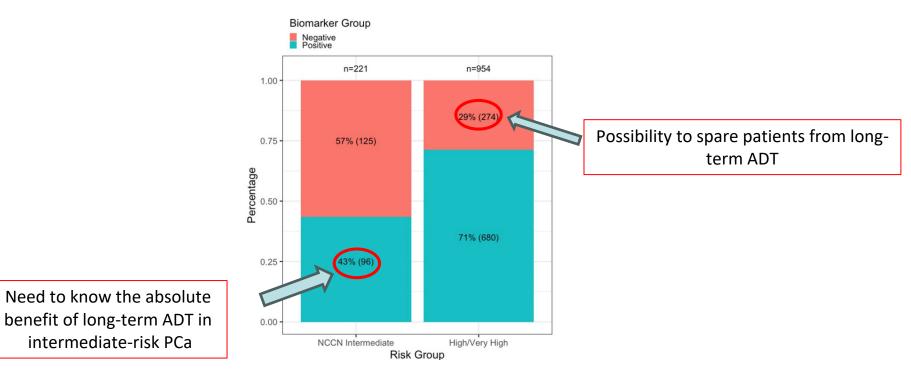


Benefit of long-term ADT only for biomarker positive patients (29% of high-risk patients potentially having had the ability to be spared long-term ADT)

Armstrong et al. J Clin Oncol 41, 2023 (suppl 16; abstr 5001)



3. RT +/- long course ADT: AI predictive model





THANK YOU FOR YOUR ATTENTION



eoc