

BIOLOGIA E TRATTAMENTO
RADIANTE CURATIVO DELLA
MALATTIA OLIGOMETASTATICA

VIRTUAL
26 MARZO 2021

***Perspectives on Oligometastatic and
Oligoprogressive Prostate Cancer***



S. Arcangeli



Disclosures

- **Janssen Cilag** (honoraria, advisory board, speaker)
- **Astellas Pharma** (honoraria, advisory board, speaker)
- **IPSEN** (honoraria, advisory board)

...oligomeanings

Terminology

Oligo-metastases

syn-
chronous

meta-
chonus

Oligo-persistence

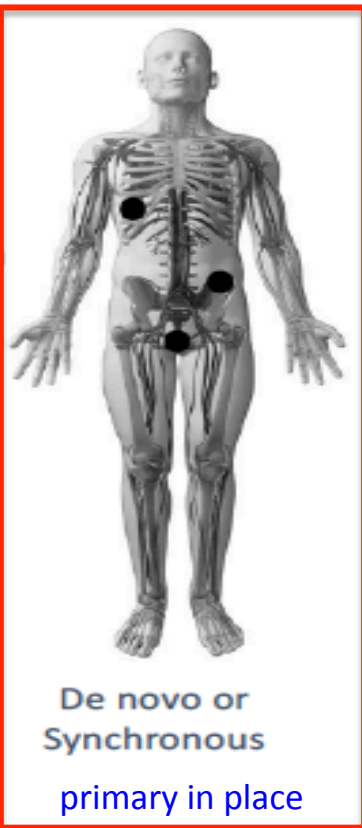
Oligo-recurrence

regional

systemic

Oligo-progression

○ Lesion Controlled
● Lesion Uncontrolled



Oligorecurrent or Metachronous
primary previously treated



Oligoprogressive CSPC or CRPC
induced by prior systemic therapy

mCSPC with OS as Primary Endpoint

Study; Total No. (enrollment period)	Experimental Treatment Arm	Survival
GETUG-AFU15 ³ ; 385 (Oct 2004 to Dec 2008)	Docetaxel	0.88 (0.68-1.14); $P = .3$
CHAARTED ³ ; 790 (July 2006 to July 2012)	Docetaxel	0.72 (0.59-0.86); $P = .001$
STAMPEDE-C ³ ; 1,817 (Oct 2005 to Mar 2013)	Docetaxel	0.72 (0.59-0.86); $P = .005$
STAMPEDE-A ⁴ ; 1,002 (Nov 2011 to Jan 2014)	Abiraterone	0.72 (0.59-0.86); $P < .001$
LATITUDE ⁵ ; 1,190 (Feb 2011 to Mar 2013)	Docetaxel	0.66 (0.56-.78); $P < .0001$
ENZAMET ⁶ ; 1,000 (Mar 2011 to Mar 2013)	Enzalutamide	0.67 (0.52-0.86); $P = .002$
TITAN ⁷ ; 1,000 (July 2011 to Mar 2013)	Apalutamide	0.67 (0.51-0.89); $P = .005$

Practice-changing trials

...but

The benefit of the combination of DOC or ARTA is uncertain

- in patients with **low volume disease*** (GETUG-AFU15 and CHAARTED trials)
- **in older patients*** ($\geq 70-75$ yrs): in the STAMPEDE, ENZAMET, LATITUDE, and TITAN trials

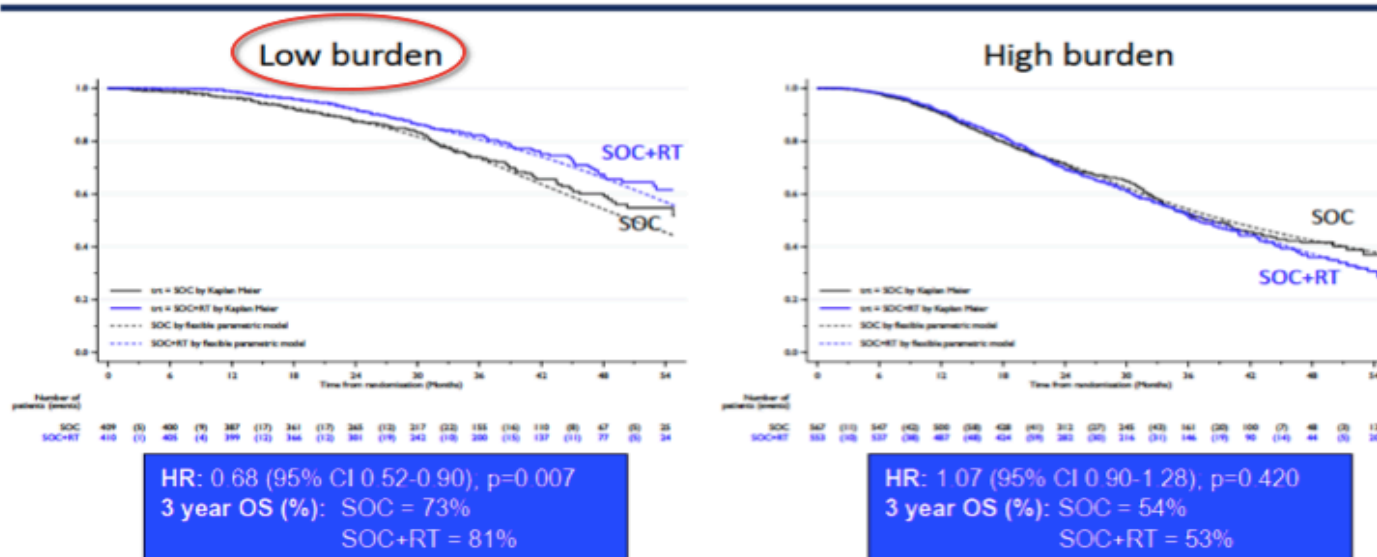
*the 95% CI for the OS HRs crossed 1

Evidences supporting the role of local treatment in mCSPC

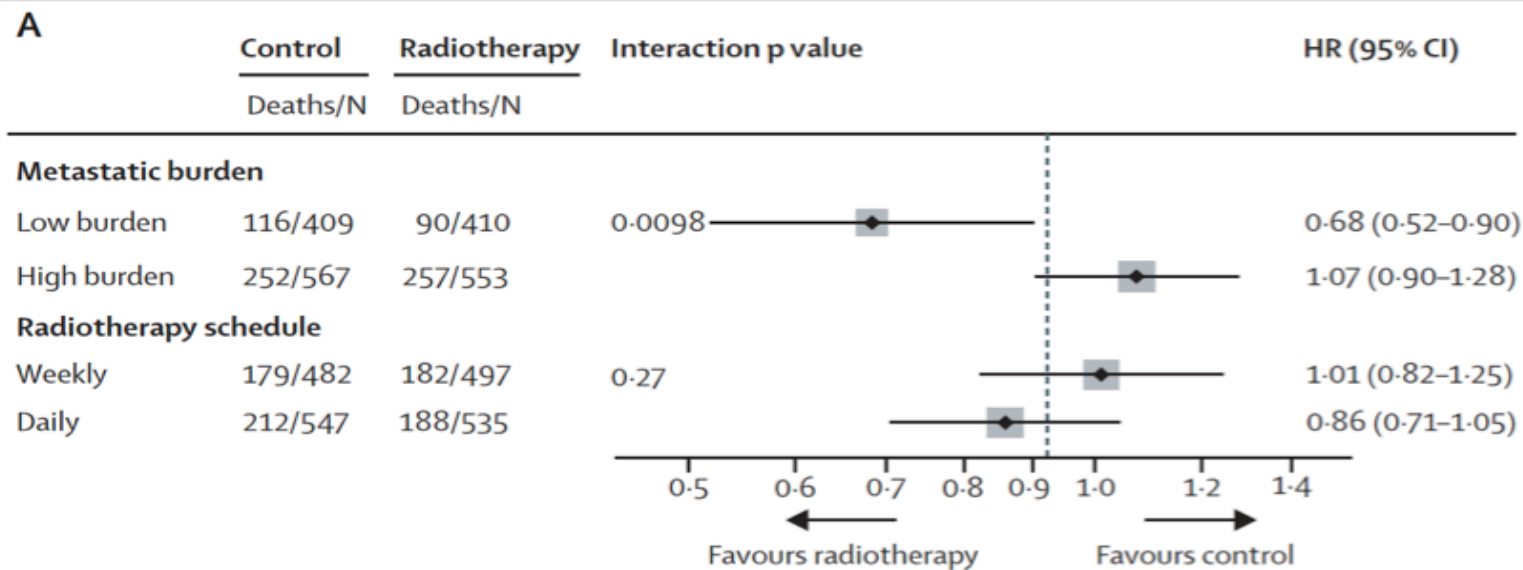
Radiotherapy to the primary tumour for newly diagnosed, metastatic prostate cancer (STAMPEDE): a randomised controlled phase 3 trial



Overall survival: metastatic burden subgroup analysis



Radiotherapy to the primary tumour for newly diagnosed, metastatic prostate cancer (STAMPEDE): a randomised controlled phase 3 trial



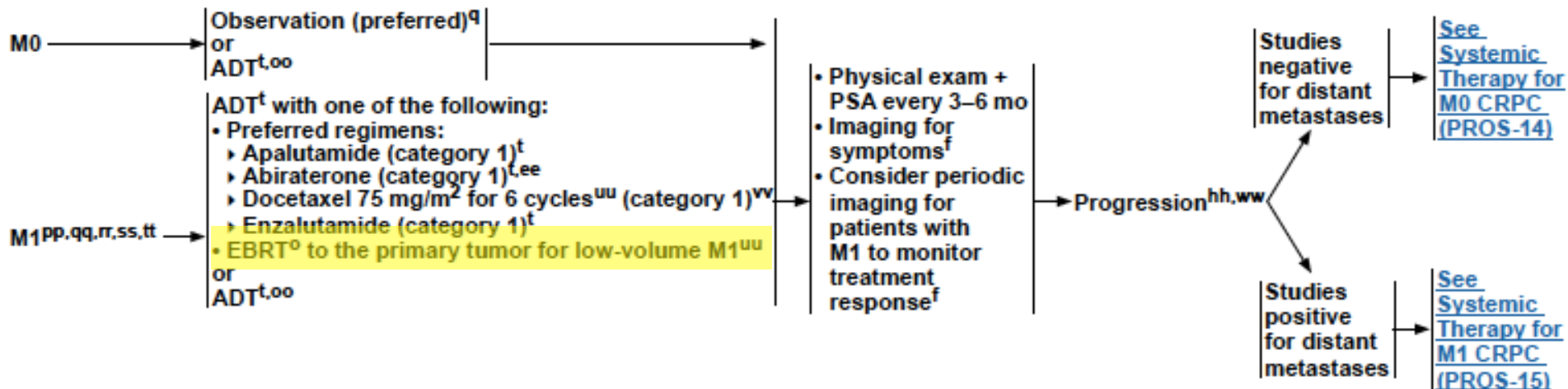


National
Comprehensive
Cancer
Network®

NCCN Guidelines Version 2.2021 Prostate Cancer

[NCCN Guidelines Index](#)
[Table of Contents](#)
[Discussion](#)

SYSTEMIC THERAPY FOR CASTRATION-NAÏVE PROSTATE CANCERⁿⁿ



Oligometastatic state and “Disease Burden”

- **“Low-volume”** (CHAARTED)
 - **Exclusion:** Either of the following: (a) ≥ 4 bone mets on bone scan, with ≥ 1 outside the vertebral bodies or pelvis or (b) visceral mets
- **“Low-risk”** (LATITUDE)
 - **Exclusion:** Any two of the following: (a) ≥ 3 bone mets on bone scan, (b) Gleason score ≥ 8 , or (c) Visceral mets

Is Low Volume/Low Risk = Oligometastatic?

...NO !



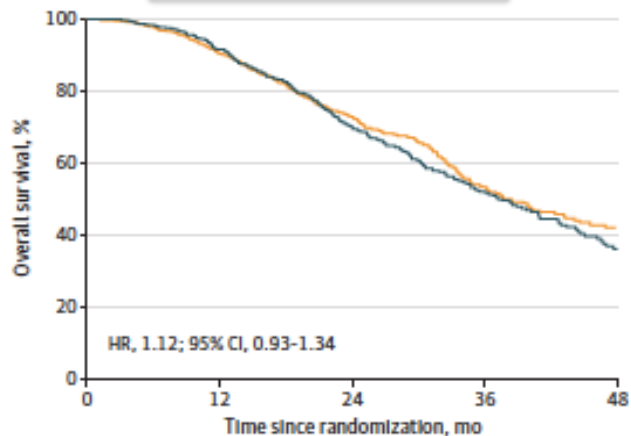
Low metastatic burden disease is sometimes known as oligometastatic. Although this term is widely used, it is imprecise and potentially misleading because it implies only a small number of metastases. Patients with low metastatic burden disease, according to the CHAARTED definition, may have an unlimited number of metastases provided they are confined to lymph nodes and the axial skeleton.

JAMA Oncology | Original Investigation

Association of Bone Metastatic Burden With Survival Benefit From Prostate Radiotherapy in Patients With Newly Diagnosed Metastatic Prostate Cancer

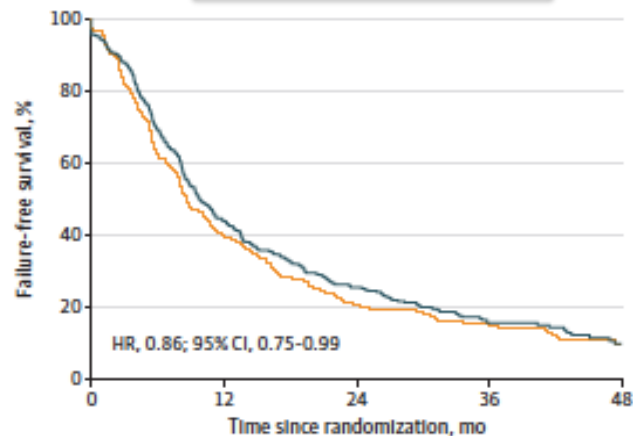
A Secondary Analysis of a Randomized Clinical Trial

C Overall survival in ≥ 4 bone metastases (\pm NRLN) subcohort



No. at risk (events)	0	12	24	36	48
SOC	512 (47)	452 (83)	281 (64)	147 (25)	45
SOC+RT	498 (41)	441 (96)	260 (58)	136 (30)	38

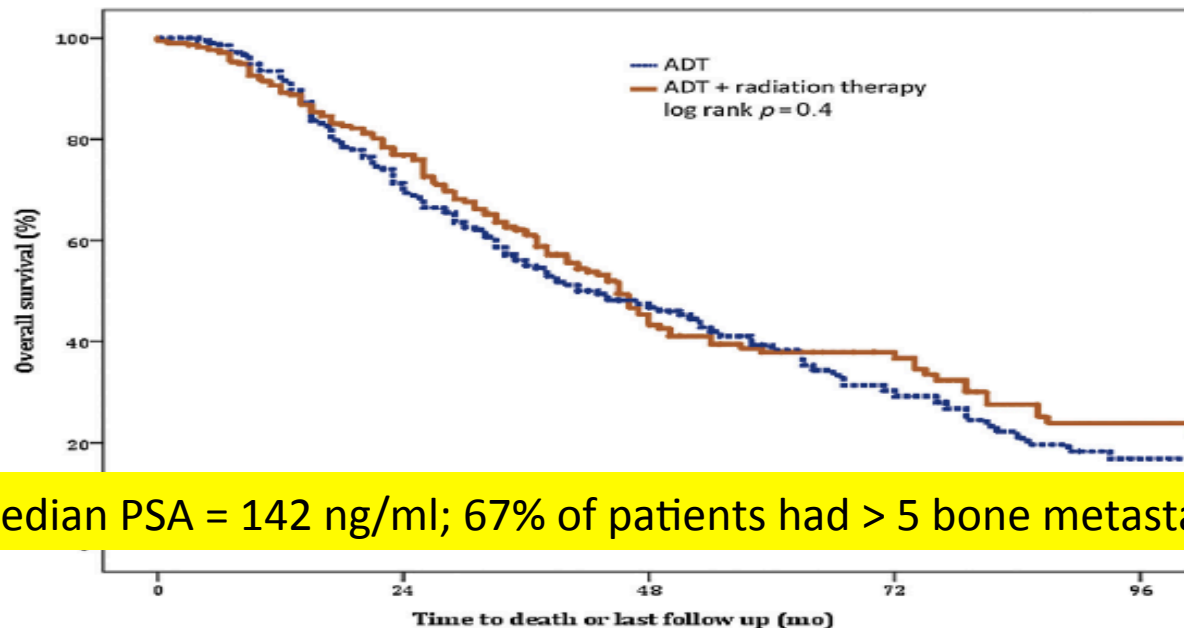
D Failure-free survival in ≥ 4 bone metastases (\pm NRLN) subcohort



No. at risk (events)	0	12	24	36	48
SOC	512 (301)	201 (90)	69 (15)	36 (8)	8
SOC+RT	498 (276)	212 (84)	89 (28)	34 (8)	9



Effect on Survival of Androgen Deprivation Therapy Alone Compared to Androgen Deprivation Therapy Combined with Concurrent Radiation Therapy to the Prostate in Patients with Primary Bone Metastatic Prostate Cancer in a Prospective Randomised Clinical Trial: Data from the HORRAD Trial



Median PSA = 142 ng/ml; 67% of patients had > 5 bone metastases

New Metastatic Burden Classification

(with Conventional Imaging)

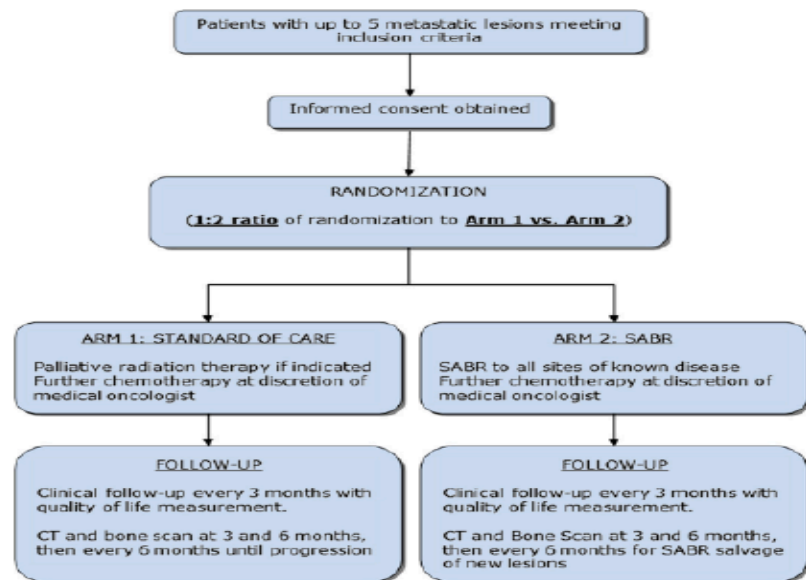
- **Low-burden**
 - NRLN or ≤ 3 or fewer bone metastases \pm NRLN regardless of axial or extra axial location and without any visceral metastasis
- **High-burden**
 - All the others

Stereotactic ablative radiotherapy for comprehensive treatment of oligometastatic tumors (SABR-COMET): Study protocol for a randomized phase II trial

STUDY PROTOCOL



David A Palma^{1*}, Cornelis J A Haasbeek², George B Rodrigues¹, Max Dahele², Michael Lock¹, Brian Yaremko¹, Robert Olson³, Mitchell Liu³, Jason Panarotto⁴, Gwendolyn H M J Griffioen², Stewart Gaede¹, Ben Slotman² and Suresh Senan²



INCLUSION CRITERIA:

- Controlled primary tumor
- Up to 3 mts in any organ/system
- Total number of mts ≤ 5
- life expectancy > 6 months
- No CT 4 weeks prior, during or 2 weeks after RT

20% prostate cancer patients

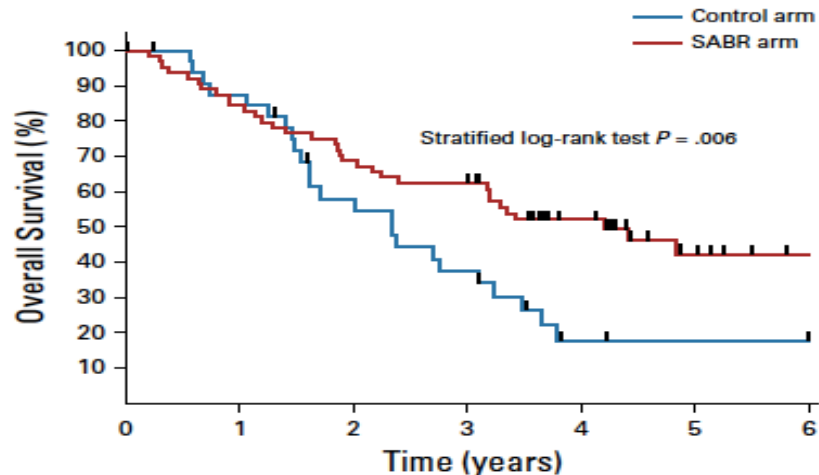
Baseline Patient Characteristics

<u>Characteristic</u>	<u>All Patients</u> (n=99)	<u>Control Arm</u> (n=33)	<u>SABR Arm</u> (n=66)	<u>p-value</u>
Number of Metastases – n(%)				0.591
1	42 (42.4)	12 (36.4)	30 (45.5)	
2	32 (32.3)	13 (39.4)	19 (28.8)	
3	18 (18.2)	6 (18.2)	12 (18.2)	
4	4 (4.0)	2 (6.1)	2 (3.0)	
5	3 (3.0)	0 (0.0)	3 (4.6)	
Location of Metastases – n(%)				0.181
Adrenal	9 (4.7)	2 (3.1)	7 (5.5)	
Bone	65 (34.0)	20 (31.3)	45 (35.4)	
Liver	19 (10.0)	3 (4.7)	16 (12.6)	
Lung	89 (46.6)	34 (53.1)	55 (43.3)	
Other	9 (4.7)	5 (7.8)	4 (3.2)	

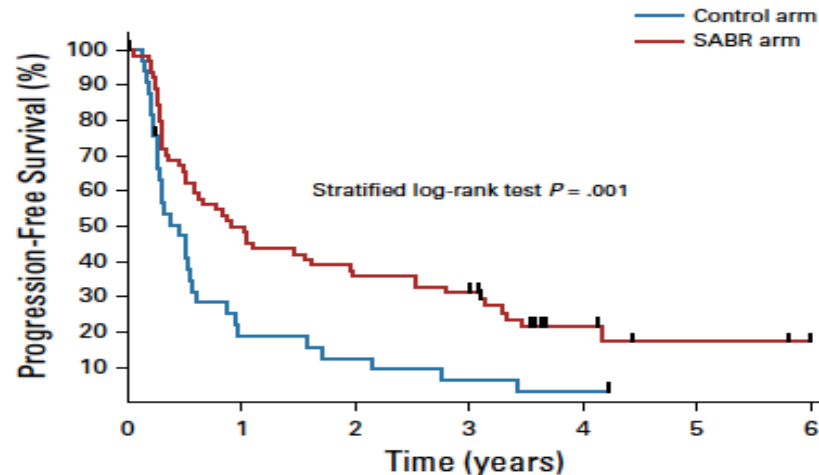
Stereotactic Ablative Radiotherapy for the Comprehensive Treatment of Oligometastatic Cancers: Long-Term Results of the SABR-COMET Phase II Randomized Trial

Median follow up: 51 months

A



B



Open Issues

- **RT and abiraterone together ?**
No concerning safety interaction from the STAMPEDE
- **Any benefit in treating metastatic sites ?**
**The next arm of STAMPEDE (arm M) randomizes
patients to systemic therapy and RT to the primary ±
metastasis-directed therapy**

○ Lesion Controlled
● Lesion Uncontrolled



**De novo or
Synchronous**
primary in place



**Oligorecurrent or
Metachronous**
primary previously treated



**Oligoprogressive
CSPC or CRPC**
induced by prior
systemic therapy

- The benefit of the combination of DOC or ARTA is **uncertain in the subset of men developing metastatic disease after initial local treatment***

*the 95% CI for the OS HRs crossed 1(**GETUG-AFU15, CHAARTED and ENZAMET**)

- **75% of patients with recurrence after primary therapy have ≤ 3 involved sites***

*Singh D, et al. Int J Radiat Oncol Biol Phys. 2004;58:3-10.
Schweizer MT, et al. Ann Oncol. 2013;24:2881-2886.
Sridharan S, et al. Radiother Oncol. 2016;121:98-102.
De Bruycker A, et al. BJU Int. 2017;120:815-821.

What are the data supporting ablative therapy in mCSPC?



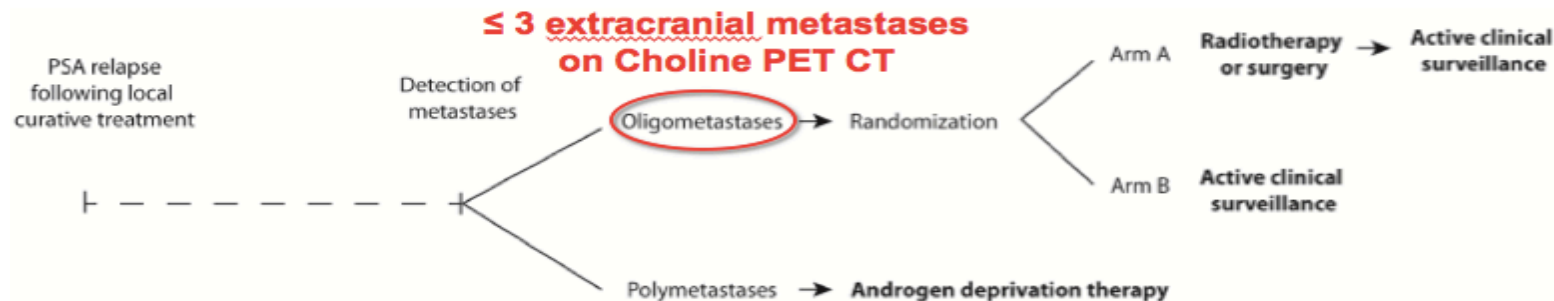
Study	Study Design	Sample size	Follow-up	Intervention	Control	Outcome measure
Kneebone et al (2018) [10]	Single-arm, prospective observational study	57 patients	16.0 (range: 5.0–31.0) mo	Median b-PFS: 11.0 mo (95% CI, 8.1–13.9)	NA	NA
PMID: 31158100	SBRT			I-PFS: 100%		
Bowden et al (2020) [13]	Single-arm, prospective observational study, interim results	199 patients, 176 patients available at last FUP	35.1 (range: 6.5–51.3) mo, including patients lost to FUP	b-PFS: 41/176 (23.3%) at last FUP	NA	NA
PMID: 31199504	SBRT					
Muacevic et al (2013) [17]	Single-arm, prospective observational study	40 patients	10.2 (range: 3.0–48.0) mo	I-PFS:	NA	NA
PMID: 21481619	SRS			At 6 mo: 95.5% (95% CI, 83.0–98.8) At 12 mo: 95.5% (95% CI, 83.0–98.8) At 24 mo: 95.5% (95% CI, 83.0–98.8)		
Siva et al (2018) [11]	Single-arm, prospective observational study	33 patients	24.0 mo	I-PFS:	NA	NA
PMID: 30227924	SABR			At 12 mo: 97.0% (95% CI, 91.0–100.0) At 24 mo: 93.0% (95% CI, 84.0–100.0)		
Ost et al (2018) [3]	Randomized (1:1), prospective	31 patients in both the intervention and the control group (n=62)	36 (IQR: 27.6–45.6) mo	Median b-PFS: 10.0 (80% CI, 8.0–13.0) mo	Median b-PFS: 6.0 (80% CI, 4.0–7.0) mo	b-PFS: HR, 0.53; 80% CI, 0.37–0.77; p=0.03
PMID: 29240541	MDT vs observation, interim results			I-PFS: 100%	I-PFS: 80.6% (no. of events=6)	I-PFS: not provided
Phillips et al (2020) [16]	Randomized (2:1), prospective	36 patients in the intervention group and 18 in the control group (n=54)	18.8 (range: 5.8–35.0) mo	Median b-PFS not reached	Median b-PFS: 6.4 mo	b-PFS: HR, 0.31; 95% CI, 0.13–0.75; p=0.002
PMID: 32215577	SBRT vs observation, interim results			b-PFS at 6 mo: 4 events/36, 11%; 95% CI, 3.9–26.1 I-PFS at 6 mo: 98.9% (1 event)	b-PFS at 6 mo: 9 events/18, 50%; 95% CI, 29.1–70.9 I-PFS: not provided	b-PFS at 6 mo: p=0.005 I-PFS: not provided

STUDY PROTOCOL

Open Access

Surveillance or metastasis-directed Therapy for OligoMetastatic Prostate cancer recurrence (STOMP): study protocol for a randomized phase II trial

Karel Decaestecker¹, Gert De Meerleer², Filip Ameye³, Valerie Fonteyne², Bieke Lambert⁴, Steven Joniau⁵, Louke Delrue⁶, Ignace Billiet⁷, Wim Duthoy⁸, Sarah Junius⁹, Wouter Huysse⁶, Nicolaas Lumen¹ and Piet Ost^{2*}



Reasons to start ADT: local progression, symptomatic progression or polymetastatic progression

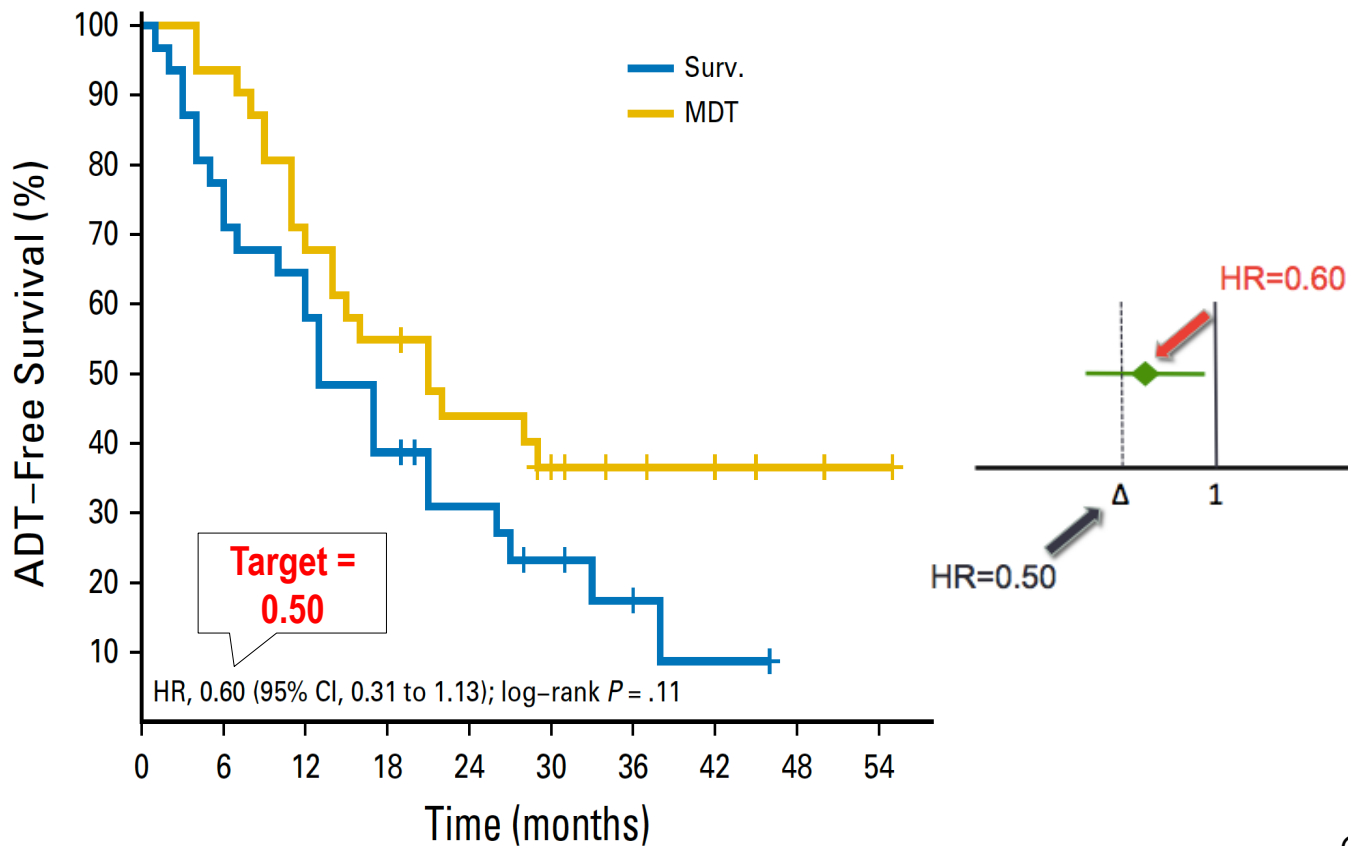


Table 2. Indications for Starting Androgen Deprivation Therapy

Indication	Surveillance (n = 31)	Metastasis-Directed Therapy (n = 31)
Not started yet	6 (19)	12 (39)
Polymetastatic progression	16 (55)	19 (61)
Local progression	6 (23)	0 (0)
Symptomatic progression	3 (10)*	0 (0)

NOTE. Data are presented as No. (%).

*Two patients with symptomatic progression also showed local and polymetastatic progression.

JAMA Oncology | **Original Investigation**

Outcomes of Observation vs Stereotactic Ablative Radiation for Oligometastatic Prostate Cancer The ORIOLE Phase 2 Randomized Clinical Trial

POPULATION

54 Men



Adult men with recurrent, hormone-sensitive prostate cancer and 1-3 metastases detectable by conventional imaging

Median age: 68 y

SETTINGS / LOCATIONS



3 Radiation treatment facilities in 2 US locations

INTERVENTION



54 Patients randomized

36 Stereotactic radiotherapy

Stereotactic ablative radiotherapy (SABR) to all metastases

18 Observation

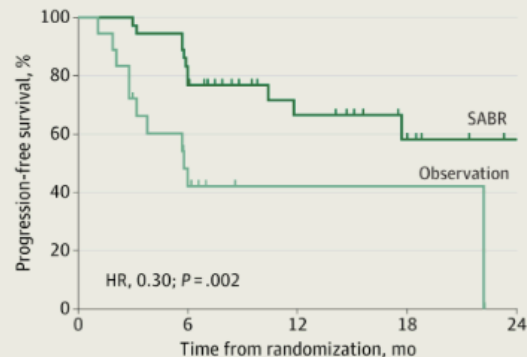
Observation only for 6 mo

PRIMARY OUTCOME

Progression of disease measured by any of the following: prostate-specific antigen testing, conventional imaging, symptomatic progression, androgen deprivation therapy initiation for any reason, death

FINDINGS

Progression of disease at 6 mo was less common with SABR compared with observation (19% vs 61%; $P = .005$)



Proportion of patients with progression at 6 mo

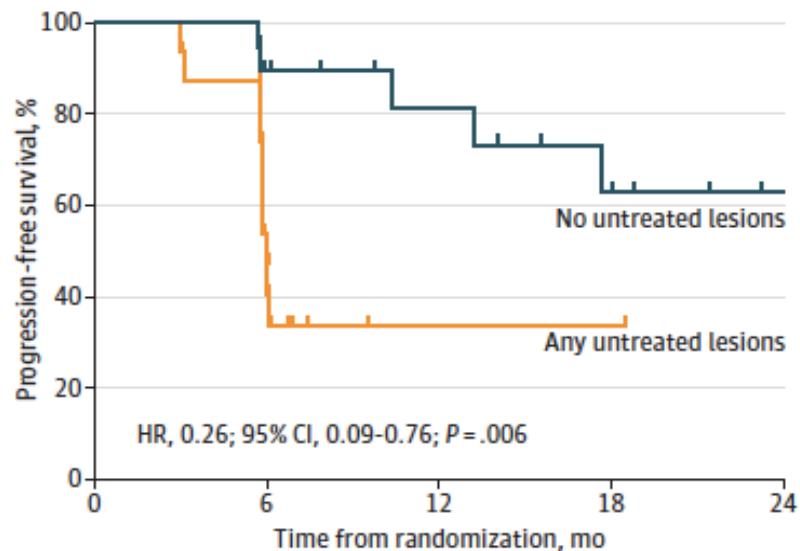
Stereotactic radiotherapy: **19%**

Observation: **61%**

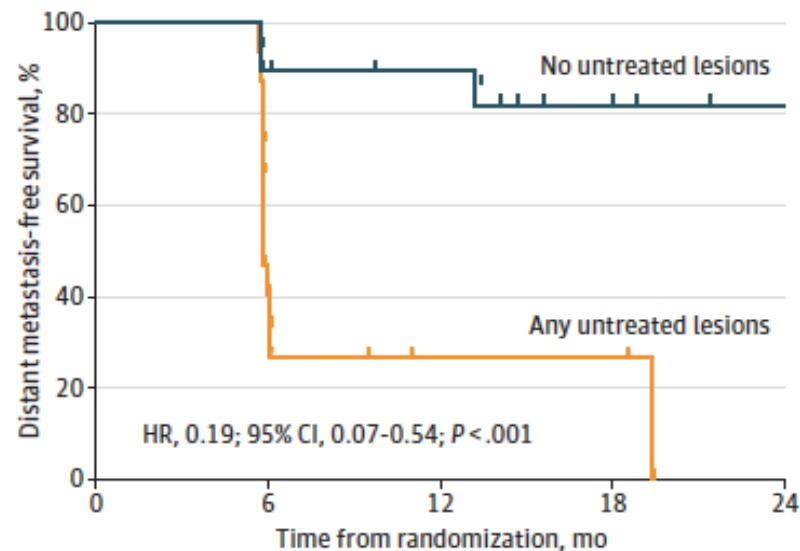
PSMA-targeted PET-CT after randomization

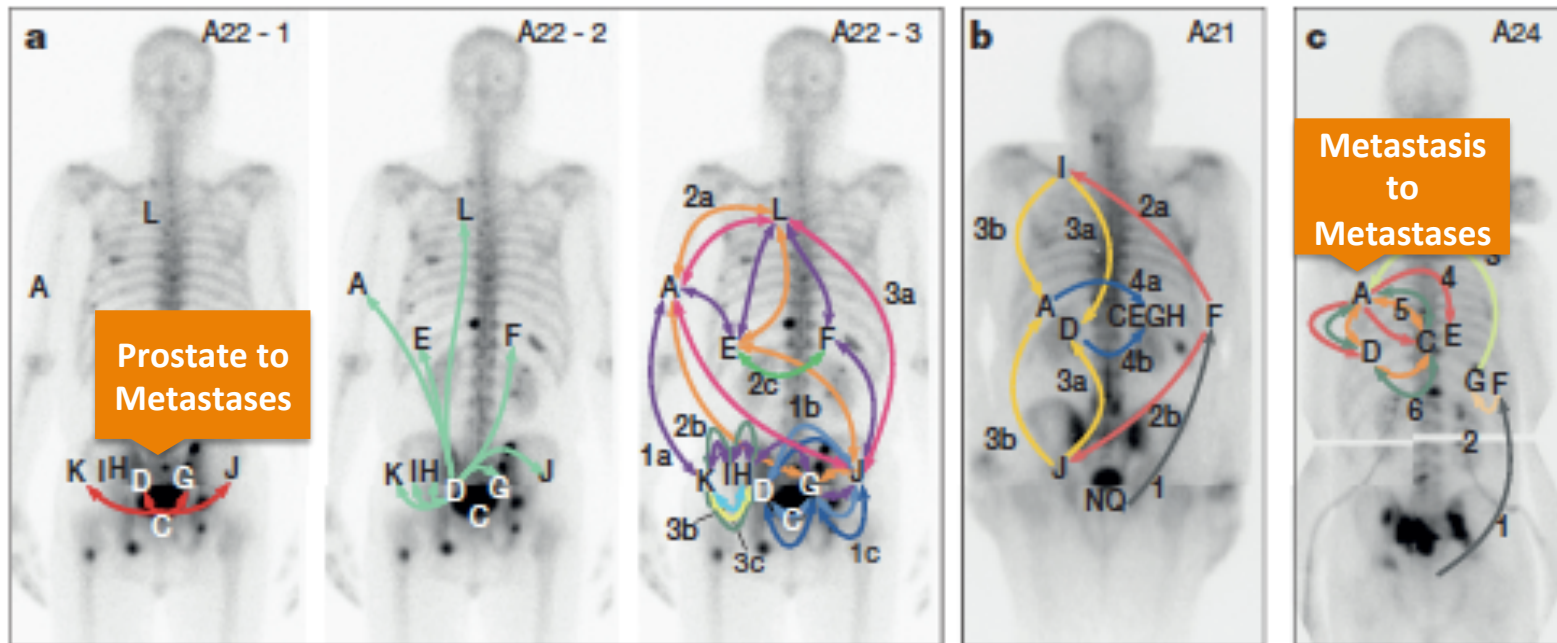
45% had lesions not included in RT fields

C PFS stratified by presence of untreated lesions



D DMFS stratified by presence of untreated lesions





Prostate to
 Metastases

Metastasis
 to
 Metastases

A - L. humerus BM
 D - Sem. vesicle
 C - Prostate
 E - L. adrenal

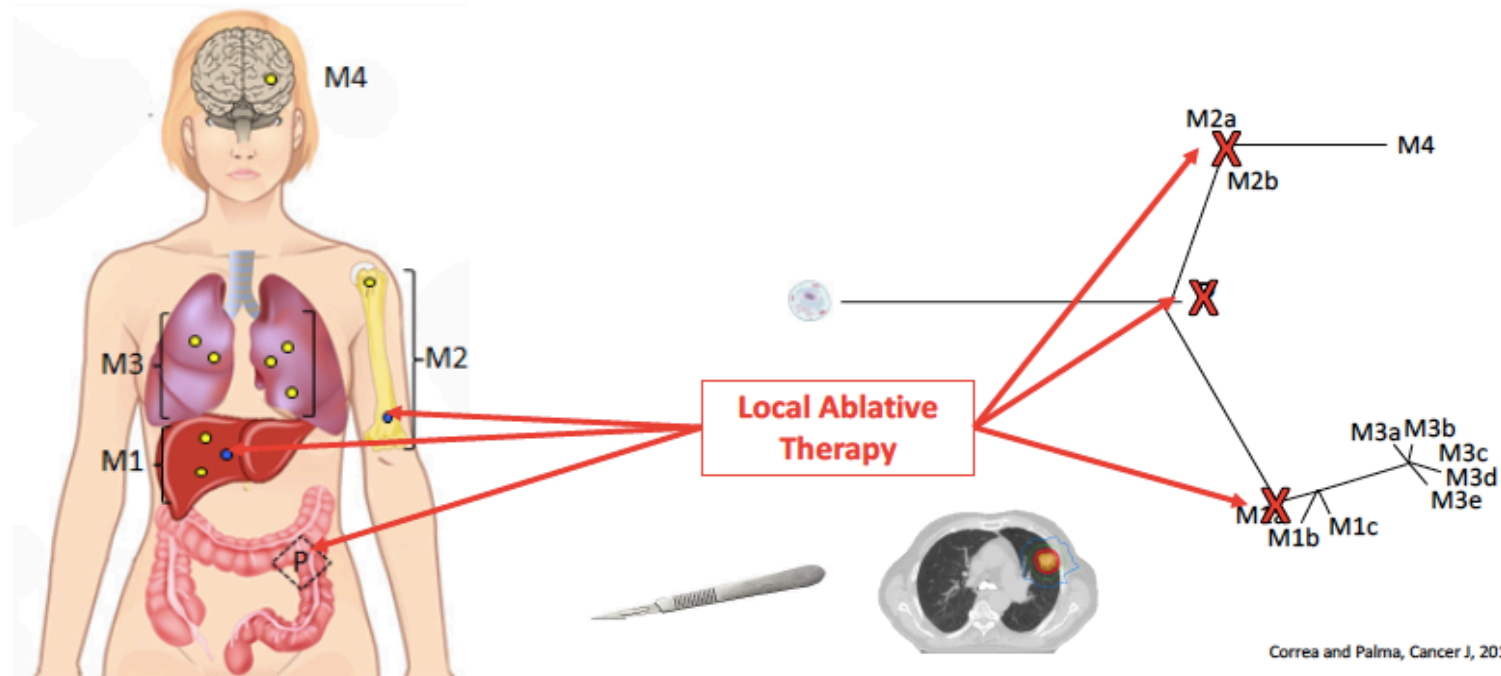
F - R. adrenal
 G - Bladder
 H - Pelvic LN
 I - L. pelvic LN

J - R. pelvic LN
 K - L. pelvic LN
 L - L. media. LN

A - L. rib
 C - Liver
 E - Liver
 G - Liver
 H - Liver
 D - L. adrenal
 F - R. rib nod.
 I - L. clavicle
 J - L. iliac crest
 N - GL5 EPE
 Q - GL3/5

A - R. axillary LN
 C - R. diaphragm
 D - R. rib
 E - Xiphoid
 F - L. lobe liver
 G - Falciform ligam.

Potential Effect of Locally Ablative Therapy



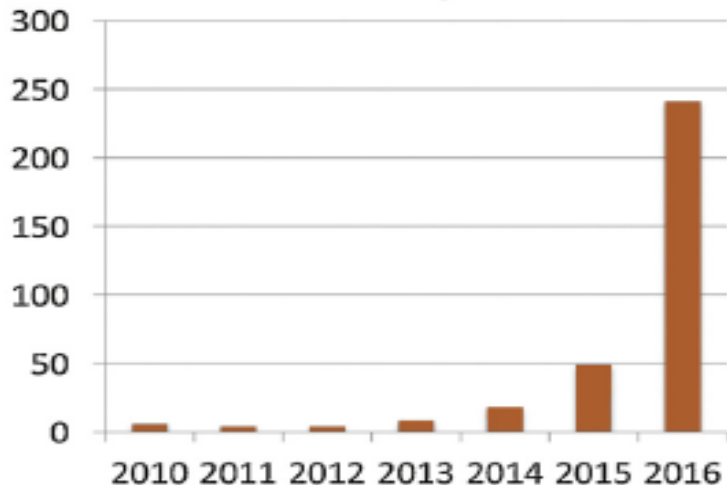


“Gotta Catch ’em All”, or Do We? *Pokemet* Approach to Metastatic Prostate Cancer

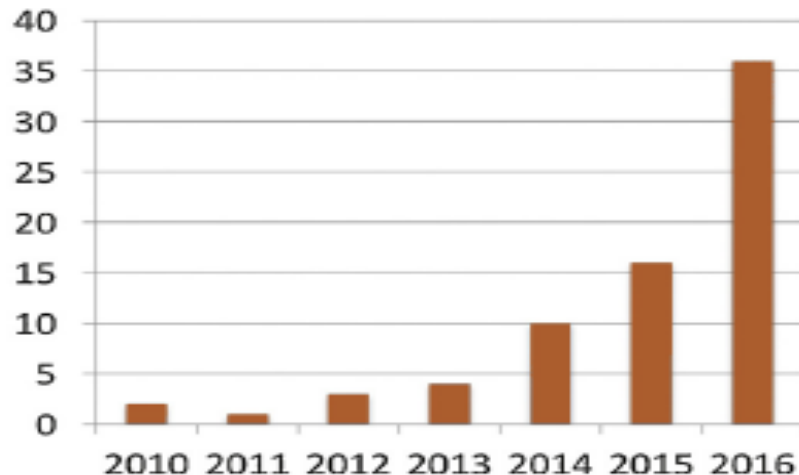
Declan G. Murphy^{a,b,c,*}, Christopher J. Ryan^d, Bertrand Tombal^e



PSMA PET and prostate cancer



Oligometastatic prostate cancer



Number of cells versus volume calculation

Assuming pure cancer cells (which we know is not true)

$$\frac{4}{3} \pi r^3$$

one cell - $10 \text{ um}^3 = \text{volume} = 500 \text{ um}^3$

1 mm tumor = $1000 \text{ um} = 2093 \text{ um}^3 / 500 = 1 \text{ million cells}$

2 mm tumor = $2000 \text{ um} = \text{volume} = 4,000,000,000 \text{ um}^3 / 500 = 8 \text{ million cells}$

3 mm tumor = $3000 \text{ um} = \text{volume} = 13,500,000,000 \text{ um}^3 / 500 = 27 \text{ million cells}$

PSMA
DETECTION

10mm tumor = $10000 \text{ um} = \text{volume} = 500000000000 \text{ um}^3 / 500 = 1,000,000,000 = 1 \text{ billion cells}$

PSA value	PSMA results
0.2-0.49 ng/mL	30% Positive/70% Negative
0.5-0.99 ng/mL	60% Positive/40% Negative
1.0-3.9 ng/mL	80% Positive/20% Negative
> 4 ng/mL	90% Positive/10% Negative

- Lesion Controlled
- Lesion Uncontrolled



**De novo or
Synchronous**

primary in place



**Oligorecurrent or
Metachronous**

primary previously treated



**Oligoprogressive
CSPC or CRPC
induced by prior
systemic therapy**

In progression during ADT

AUA/ASTRO/SUO Guideline

**ADVANCED PROSTATE CANCER:
AUA/ASTRO/SUO GUIDELINE
2020**

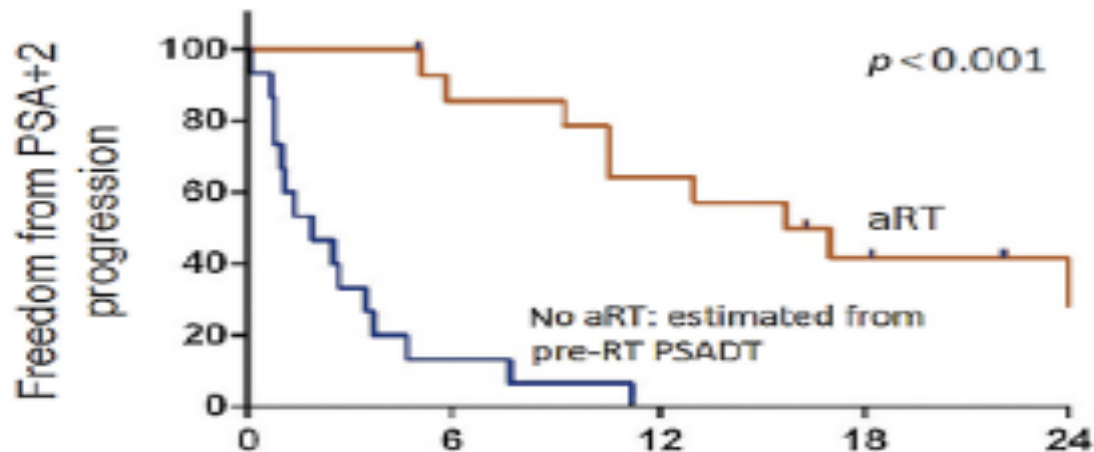
Treatment

27. In newly diagnosed mCRPC patients, clinicians should offer continued ADT with abiraterone acetate plus prednisone, docetaxel, or enzalutamide. (Strong Recommendation; Evidence Level: Grade A [abiraterone acetate plus prednisone and enzalutamide]/B [docetaxel])



Can Local Ablative Radiotherapy Revert Castration-resistant Prostate Cancer to an Earlier Stage of Disease?

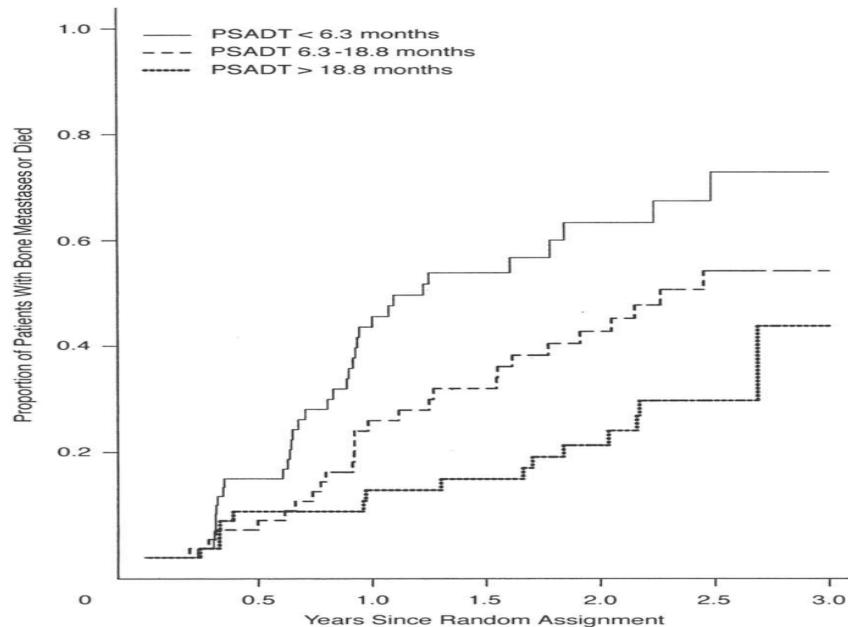
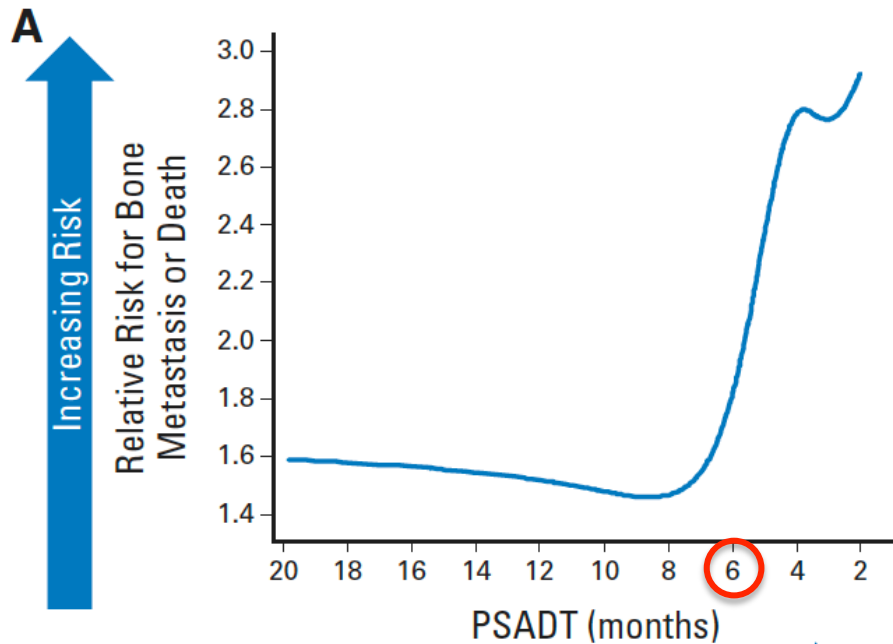
Fabian Lohaus^{a,b,c}, Klaus Zöphel^{c,e}, Steffen Löck^{b,c,a}, Manfred Wirth^{g,h}, Jörg Kotzerke^{c,e}, Mechthild Krause^{a,b,c,f,h}, Michael Baumann^{a,b,d,f,h}, Esther G.C. Troost^{a,b,c,f,h}, Tobias Hölscher^{a,b,*}



Patients at risk

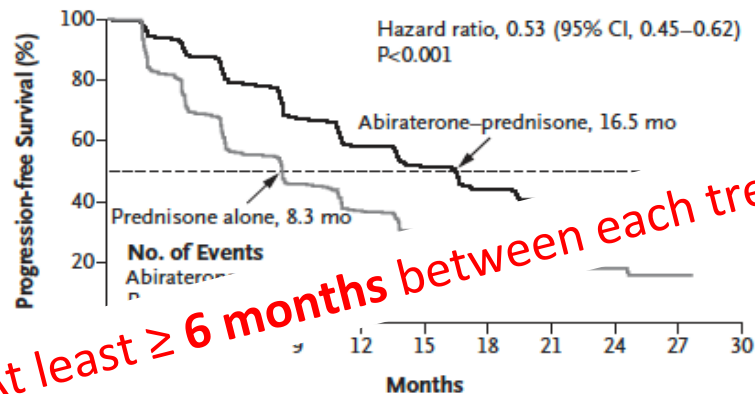
	0	6	12	18	24
no aRT	15	3	0	0	0
aRT	15	13	10	6	1

Which patients could benefit adding RT to ADT ?



How long SBRT is repeatable with the aim of delaying systemic therapy ?

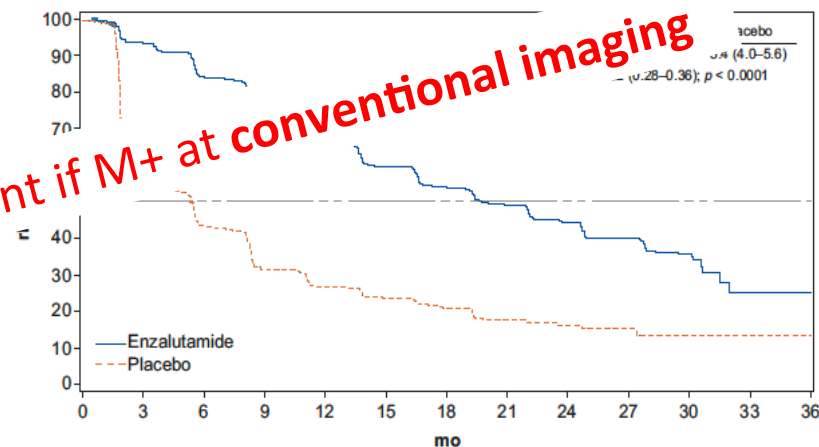
A Radiographic Progression-free Survival



No. at Risk

Abiraterone–prednisone	546	485	389	311	240	195	155	85	38	9	0
Prednisone alone	542	406	244	177	133	100	80	37	14	1	0

A



Patients at risk

Enzalutamide	872	784	666	572	472	398	326	231	155	93	53	7	0
Placebo	845	463	239	150	105	83	60	31	18	9	3	0	0

At least ≥ 6 months between each treatment if M+ at conventional imaging

How long SBRT is repeatable with the aim of delaying systemic therapy ?

CT and Bone scan negative, **PET-CT positive**

	SPARTAN	PROSPER	ARAMIS
MFS - Experimental arm	40.5 mos	36.6 mos	40.4 mos
MFS – Placebo	16.2 mos	14.7 mos	18.4 mos

More than **one year** between each treatment

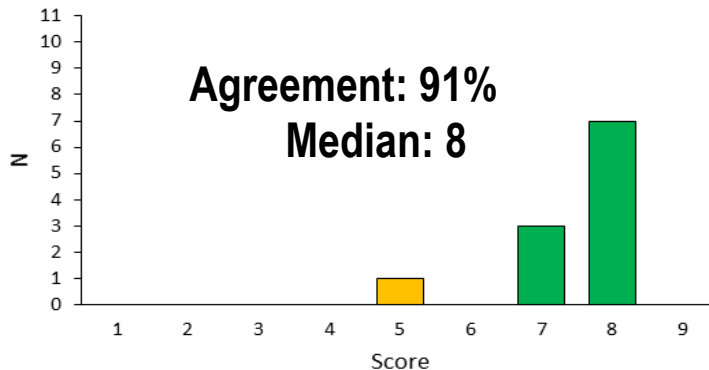
*Smith MR et al, NEJM 2018
Hussain M et al, NEJM 2018
Fizazi K et al. NEJM 2019*



Consensus statements on ablative radiotherapy for oligometastatic prostate cancer: A position paper of Italian Association of Radiotherapy and Clinical Oncology (AIRO)

Statement 3.1

In an asymptomatic or minimally symptomatic oligometastatic mCRPC patient, with a PSA doubling time > 6 months, time to castration resistant phenotype > 12 months, oligometastasis detected by metabolic imaging, radiotherapy with radical intent to metastatic sites could be offered as alternative to androgen receptor target agent to differ systemic treatment



In progression during DOC or ARTA

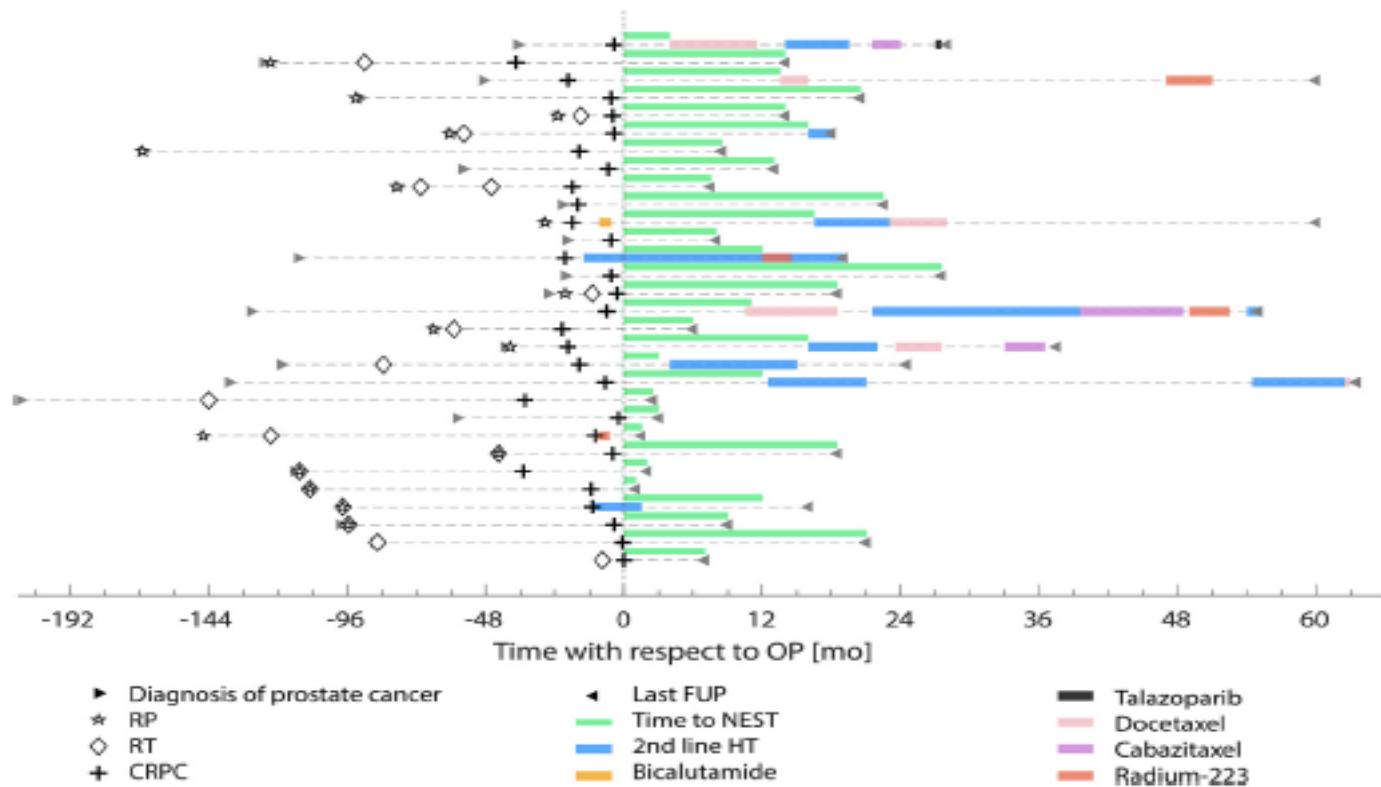
New Opportunities in mCRPC

- **Precision Medicine: PARPi**
- **Theranostics: ^{177}Lu -PSMA-617**

Trial Design and Objectives for Castration-Resistant Prostate
Cancer: Updated Recommendations From the Prostate
Cancer Clinical Trials Working Group 3

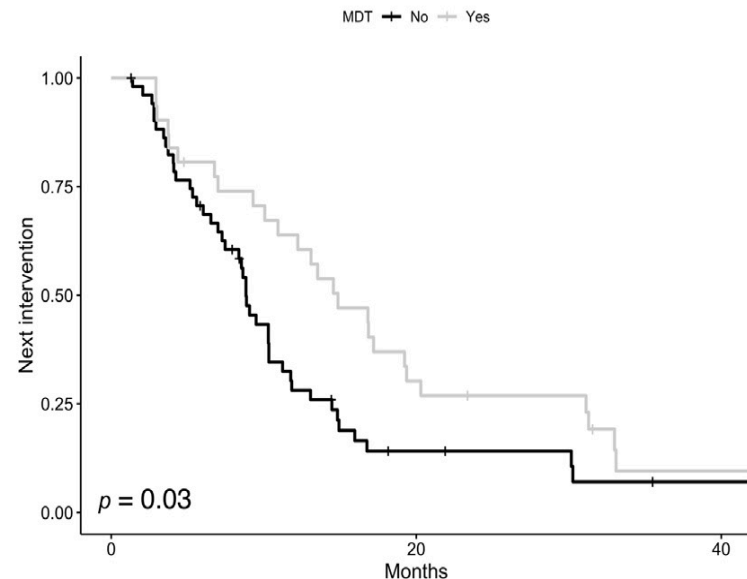
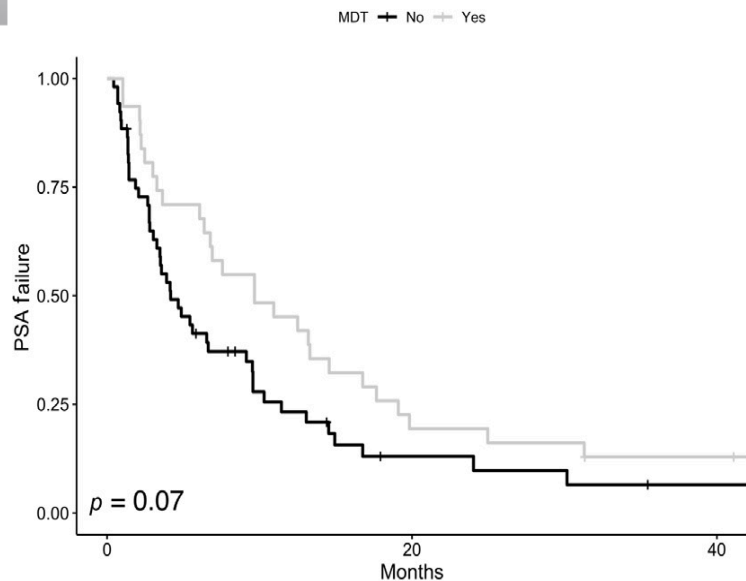
**RECOMMENDATION FROM THE PROSTATE CANCER CLINICAL
WORKING GROUP 3 (2016):**

In cases in which multiple sites of disease continue to respond but one to two sites grow, focal therapy such as radiation or surgery could be administered to the resistant site(s) and systemic therapy continued.




median NEST-free survival of 16 mo

Metastasis-directed Therapy Prolongs Efficacy of Systemic Therapy and Improves Clinical Outcomes in Oligoprogressive Castration-resistant Prostate Cancer



Metastasis-directed stereotactic radiotherapy for oligoprogressive castration-resistant prostate cancer: a multicenter study

World Journal of Urology 2019

Luca Triggiani¹ · Rosario Mazzola²  · Stefano Maria Magrini¹ · Gianluca Ingrosso³ · Paolo Borghetti¹ · Fabio Trippa⁴ · Andrea Lancia³ · Beatrice Detti⁵ · Giulio Francolini⁵ · Fabio Matrone⁶ · Roberto Bortolus⁶ · Giuseppe Fanetti⁶ · Ernesto Maranzano⁴ · Francesco Pasqualetti⁹ · Fabiola Paiar⁹ · Marco Lorenzo Bonù¹ · Alessandro Magli¹⁰ · Alessio Bruni¹¹ · Ercole Mazzeo¹¹ · Ciro Franzese¹² · Marta Scorsetti^{12,14} · Filippo Alongi^{1,2} · Barbara Alicja Jereczek-Fossa^{7,8} · Piet Ost¹³ · Michela Buglione¹


RESEARCH

Open Access

Radiotherapy in metastatic castration resistant prostate cancer patients with oligo-progression during abiraterone-enzalutamide treatment: a mono-institutional experience




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Stereotactic ablative radiotherapy in castration-resistant prostate cancer patients with oligoprogression during androgen receptor-targeted therapy

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STUDY PROTOCOL

Open Access

Metastasis-directed therapy in castration-refractory prostate cancer (MEDCARE): a non-randomized phase 2 trial



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Primary endpoint: postponement of the start of next-line systemic treatment (NEST)

Open Issues in Oligometastatic Disease

- ✓ **Does MTD impact clinical outcomes in both synchronous and metachronous or progressive disease ?**

- ✓ **What are valid(ated) endpoints?**
 - Survival
 - Time to polymetastatic progression
 - Time to systemic therapy

Variable Definitions of Oligometastatic Disease in Representative Trials

TABLE 1. Definition of Oligometastatic Disease and Imaging Modalities Used in Representative Studies of Oligometastatic Prostate Cancer

Study	Type	Sample Size, No.	Cutoff for Oligometastases, No.	Location of Metastases	Imaging Modality
Singh et al ²	R; NA	369	≤ 5	Any	^{99m} Tc bone scan
Berkovic et al ¹⁴	P; SA	24	≤ 3	Bone or LN	^{99m} Tc bone scan, ¹⁸ F-FDG PET/CT, ¹¹ C-choline PET/CT
Schlick et al ²⁵	P; SA	50	≤ 4	NR	^{99m} Tc bone scan, ¹⁸ F-choline PET/CT, ¹¹ C-acetate PET/CT
Decaestecker et al ¹⁶	P; SA	50	≤ 3	Bone or LN	¹⁸ F-FDG PET/CT, ¹⁸ F-choline PET/CT
Jereczek-Fossa et al ¹⁷	P; SA	69	≤ 1	LN	¹⁸ F-FDG PET/CT, ¹¹ C-choline PET/CT, CT
Ost et al ¹⁸	P; SA	119	≤ 3	Any	¹⁸ F-FDG PET/CT, ¹⁸ F-choline PET/CT
Ost et al ¹⁹	P; RA	62	≤ 3	Any	¹⁸ F-choline PET/CT

Abbreviations: FDG, 18-fluorodeoxyglucose; LN, lymph node; NA, not applicable; NR, not reported; P, prospective; R, retrospective; RA, randomized; SA, single arm.

Oligometastatic Prostate Cancer: Future Perspectives

Integration of clinical and molecular features



Goals of care should be driven by biology

- Molecular imaging
- ctDNA
- Exosomes
- Seed vs. soil: Biology of tumor + metastatic niche ?